

UK & EU Food Supplement Label
Vitamin Code® RAW ONE™ for Women (75)
Food Supplement

Manufactured in the USA by: Garden of Life LLC 4200 Northcorp Parkway Palm Beach Gardens, FL 33410 USA, www.gardenoflife.com

Suggested Use: Adults take 1 capsule daily. May be taken with or without food. Capsule may be opened and contents may be added to water or raw juice. Not intended for children.

Nutrition Information

Serving Size 1 Capsule
 Servings Per Container 75

	Amount Per Serving	% NRV
Vitamin A* (as beta-carotene)	900 µg RE	113%
Vitamin C*	60 mg	75%
Vitamin D* (as D3)	25 µg	500%
Vitamin E*	13.4 mg α-TE	112%
Vitamin K*	80 µg	107%
Thiamin* (Vitamin B1)	1.5 mg	136%
Riboflavin* (Vitamin B2)	1.7 mg	121%
Niacin* (as Niacinamide)	20 mg NE	125%
Vitamin B6*	2 mg	143%
Folate*	800 µg	400%
Vitamin B12* (as Methylcobalamin)	12 µg	480%
Biotin*	150 µg	300%
Pantothenic Acid*	10 mg	167%
Calcium (from Algae)	16 mg	2%
Iron*	6 mg	43%
Zinc*	4 mg	40%
Selenium*	50 µg	91%
Copper*	1500 µg	150%
Manganese*	1 mg	50%
Chromium*	120 µg	300%
Molybdenum*	19 µg	38%

RAW Organic Amla Berry (Indian Gooseberry) 120 mg +

RAW Organic Fruit & Vegetable Blend 20 mg +

Organic Apple (fruit), Organic Beet (root), Organic Broccoli (stalk & flower), Organic Carrot (root), Organic Spinach (leaf), Organic Tomato (fruit), Organic Strawberry (fruit), Organic Tart Cherry (fruit), Organic Blackberry (fruit), Organic Green Bell Pepper (fruit), Organic Brussels Sprout (leaf), Organic Blueberry (fruit), Organic Ginger (root), Organic Garlic (bulb), Organic Green Onion (bulb), Organic Raspberry (fruit), Organic Parsley (leaf), Organic Cauliflower (flower & stem), Organic Red Cabbage (leaf), Organic Kale (leaf), Organic Cucumber (gourd), Organic Celery (stalk), Organic Asparagus (flower & stem)

RAW Probiotic & Enzyme Blend 8 mg +

Lipase, Protease, Aspergillopepsin, beta-Glucanase, Cellulase, Bromelain, Phytase, Lactase, Papain, Peptidase, Pectinase, Xylanase, Hemicellulase, [Lactobacillus bulgaricus, Lactobacillus plantarum] (500 Million CFU)

+ Nutrient Reference Value not established

Other Ingredients: Vegetable cellulose (capsule), organic rice (hull).

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

CAUTION: As with any food supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Store in a cool, dry place. Do not exceed the recommended daily dose. Do not use if safety seal is broken or missing. Do not use as a substitute for a balanced and varied diet and a healthy lifestyle. **KEEP OUT OF REACH OF CHILDREN.**

Best Before Date – See product outer packaging



NHC17017