UK & EU Food Supplement Label
Black Walnut Hull Tincture (30ml)
Food Supplement

Manufactured in the USA by: Self Health Resource Center, 1055 Bay Blvd., Ste A, Chula Vista, CA 91911, USA.

Ingredients: Water, Green Black Walnut Hull (Juglans nigra), Grain Alcohol. Directions: Adults take up to 2 teaspoons

once daily with a meal, or as directed by a healthcare professional.

Storage: Store in a cool, dry place.

Precautions: Do not exceed the recommended daily dose. Do not use if safety seal is broken or missing. Do not use as a substitute for a balanced and varied diet and a healthy lifestyle.

Nutrition Information

Serving Size: 2 Teapsoons

Servings Per Container: 3

Each Serving Contains:

Green Black Walnut Hulls

(Juglans nigra)

Amount %
Per NRV
Serving **

Average Tincture Strength (Hull:Grain Alcohol) 1:0.68 Alcohol by volume (25-27% aby)

* Nutrient Reference Value (NRV) not

KEEP OUT OF REACH OF YOUNG CHILDREN
Best Before Date – See product outer packaging