

UK & EU Food Supplement Label**Min-Plex B (180 Tablets)****Food Supplement**

Manufactured in USA by: Trace Elements,
Incorporated, 4501 Sunbelt Drive, Addison, Texas,
75001 USA. www.traceelementsinc.com

Other Ingredients: Microcrystalline cellulose, vegetable stearic acid, croscarmellose sodium, magnesium vegetable stearate, and silica.

This product contains NO dairy, fish, shellfish, tree nuts, peanuts, wheat, soy, gluten, alfalfa, yeast, artificial colours, flavours, or preservatives.

Suggested Use: Adults take 1 tablet daily with a meal, or as directed by a healthcare professional.

Store in a cool, dry place. Do not exceed the recommended daily dose. Do not use if safety seal is broken or missing. Do not use as a substitute for a balanced and varied diet and a healthy lifestyle.

KEEP OUT OF REACH OF CHILDREN.

Best Before Date – See product outer packaging



NHC17416

Nutrition Information

Serving Size: 1 Tablet

Servings Per Container: 180

Each tablet Contains:

**Amount Per
Serving**

% NRV

Thiamine (as thiamine hydrochloride)

1.5 mg

136%

Niacin

2 mg NE

13%

Vitamin B6 (as pyridoxine hydrochloride)

25 mg

1786%

Magnesium (as Albion® di-magnesium
malate and magnesium bisglycinate
chelate buffered)

100 mg

27%

Manganese (manganese bisglycinate
chelate)

1 mg

50%

Chromium (as chromium nicotinate
glycinate chelate)

200 µg

500%

L-Glycine

10 mg

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L-Glutamic Acid

5 mg

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L-Cysteine

3 mg

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Pyridoxal-5-Phosphate (Vitamin B6)

0.5mg

36%

* Nutrient Reference Value (NRV) not established