

UK & EU Food Supplement Label
Synergy Healthy Liver (180 Capsules)
Food Supplement

Manufactured in the USA by: Vitacost Inc., Lexington, NC 27295,
 United States. www.vitacost.com

Nutrition Information

Serving Size: 6 Capsules

Servings Per Container: 30

Each Serving Contains:

**Amount Per
Serving**

% NRV

| | | |
|--|---------------|--------|
| Vitamin C (as calcium ascorbate) | 500 mg | 625% |
| Vitamin E (d-alpha Tocopherol succinate, alpha beta & gamma Tocopherols) | 167.5 mg α-TE | 1396% |
| Thiamin (B1 as thiamine HCl) | 500 mg | 45455% |
| Riboflavin (B2) | 10 mg | 714% |
| Niacin (B3 as niacinamide) | 100 mg NE | 625% |
| Vitamin B6 (as pyridoxine HCl) | 50 mg | 3571% |
| Folate (as Pteroylmonoglutamic acid) | 800 µg | 400% |
| Vitamin B12 (as methylcobalamin) | 2000 µg | 80000% |
| Biotin | 3000 µg | 6000% |
| Pantothenic Acid (B5 as pantothenic acid) | 50 mg | 833% |
| Zinc (as zinc mono L-methionine sulphate) L-OptiZinc® | 15 mg | 150% |
| Selenium (as L-selenomethionine) Selenium SeLECT® | 400 µg | 727% |
| Chromium (as chromium polynicotinate) ChromeMate® | 200 µg | 500% |
| Milk Thistle Extract (standardized to 80% silymarin) | 900 mg | * |
| Alpha-Lipoic Acid | 600 mg | * |
| Phosphatidyl Choline (Alcolec®) | 400 mg | * |
| N-Acetyl L-Cysteine | 300 mg | * |
| Coenzyme Q10 (ubiquinone) naturally fermented | 30 mg | * |

* Nutrient Reference Value (NRV) not established

Ingredients: Milk thistle extract, Alpha-lipoic acid, Calcium ascorbate, Thiamin HCl, Phosphatidyl choline, N-Acetyl L-Cysteine, Mixed tocopherols (d-alpha Tocopherol succinate, alpha beta & gamma Tocopherols) Niacinamide, Gelatine (capsule), Pantothenic acid, Pyridoxine HCl, Ubiquinone, Zinc mono L-methionine sulphate, Riboflavin, Silicon dioxide, Vegetable magnesium stearate, Microcrystalline cellulose, Biotin, Methylcobalamin, Pteroylmonoglutamic acid, L-selenomethionine, Chromium polynicotinate. **Contains: SOYA**

Directions: Adults take 6 capsules daily, or as directed by a healthcare professional.

Storage: Store in a cool, dry place.

Precautions: Do not exceed the recommended daily dose. Do not use if safety seal is broken or missing. Do not use as a substitute for a balanced and varied diet and a healthy lifestyle.

KEEP OUT OF REACH OF YOUNG CHILDREN

Best Before Date – See product outer packaging