

UK & EU Food Supplement Label
Perfect Food® Original Green Formula (300g)
Food Supplement

Manufactured in the USA by: Garden of Life LLC4200 Northcorp Parkway-
 Palm Beach Gardens, FL 33410 USA, www.gardenoflife.com

Suggested Use: Adults mix 1 level scoop (approx. 2 tbsp) in 8 ounces of water or juice 1 (or more) times per day. Begin with 1/4 serving size for the first few days gradually working up to full serving size. Not intended for children. Scoop included. Packaged by weight not by volume. Settling may occur.

Nutrition Information

Serving Size 1 level Scoop (Approx. 2 tbsp. or 10g)
 Servings Per Container Approximately 30

Amount Per Serving	% NRV ¹
Calories 40	
Calories From Fat 10	
Total Fat 1 g	2%
Total Carbohydrate 5 g	2%
Dietary Fiber 1 g	4%
Sugars <1 g	+
Protein 3 g	6%
Vitamin A (as beta-carotene) 1440 µg RE	180%
Vitamin C 54 mg	68%
Calcium 100 mg	13%
Iron 3 mg	21%
Sodium 85 mg	+
Potassium 350 mg	18%
Perfect Green Juice Blend 5 g	+
Barley Grass Juice*, Alfalfa Grass Juice*, Wheat Grass Juice*, Oat Grass Juice*	
Perfect Protein-Mineral Blend 3.3 g	+
Spirulina*, Rice Bran Solubles, Chlorella, Calcified Red Algae (<i>Lithothamnion corallioides</i>), Kelp Blend	
Poten-Zyme® Fermented Whole Food Matrix 1.2 g	+
Barley Grass*, Oat Grass*, Wheat Grass*, Alfalfa Grass*, Flax Seed Sprout*, Amaranth Sprout, Chia Seed Sprout, Garbanzo Bean Sprout, Sesame Seed Sprout*, Quinoa Sprout, Buckwheat Sprout*, Millet Sprout, Sunflower Seed Sprout, Adzuki Bean Sprout, Pumpkin Seed Sprout*, Lentil Sprout	
Acerola Cherry Extract (Fruit) 300 mg	+
Perfect Veggie Juice Blend 200 mg	+
Alfalfa Grass*, Beet* (Root), Carrot* (Root), Broccoli* (Flower & Stem), Tomato* (Fruit), Cucumber (Gourd), Kale* (Leaf), Spinach* (Leaf), Parsley* (Leaf), Green Cabbage* (Leaf), Celery (Stalk), Cauliflower (Flower & Stem), Bell Pepper* (Fruit), Asparagus (Flower & Stem), Brussels Sprout (Leaf), Onion* (Bulb), Garlic* (Bulb), Ginger* (Root)	
Probiotic Blend (1 Billion CFU)² 7 mg	+
<i>Lactobacillus plantarum</i> , <i>Bifidobacterium longum</i> , <i>Bifidobacterium lactis</i> , <i>Bifidobacterium bifidum</i> , <i>Lactobacillus rhamnosus</i> , <i>Bifidobacterium breve</i> , <i>Lactobacillus paracasei</i> , <i>Lactobacillus casei</i> , <i>Lactobacillus salivarius</i> , <i>Lactobacillus acidophilus</i>	

¹ Percent Nutrient Reference Value are based on 2,000 calorie diet. Nutrient Reference Value not established

Other ingredients: Rebudioside A (from leaves of Organic *Stevia rebaudiana*).

Contains: Wheat Grass. *Organic ² CFU count per serving at time of manufacture. Probiotics are cultured in dairy, which is generally consumed during the fermentation process.

Store in a cool, dry place. Do not exceed the recommended daily dose. Do not use if safety seal is broken or missing. Do not use as a substitute for a balanced and varied diet and a healthy lifestyle. **KEEP OUT OF REACH OF CHILDREN.**

Best Before Date – See product outer packaging



NHC16195