

**UK & EU Food Supplement Label**  
**Perfect Food® Original Green Formula (300g)**  
**Food Supplement**

Manufactured in the USA by: Garden of Life LLC 4200 Northcorp Parkway-  
Palm Beach Gardens, FL 33410 USA, [www.gardenoflife.com](http://www.gardenoflife.com)

**Suggested Use:** Adults mix 1 level scoop (approx. 2 tbsp) in 8 ounces of water or juice 1 (or more) times per day. Begin with 1/4 serving size for the first few days gradually working up to full serving size. Not intended for children. Scoop included. Packaged by weight not by volume. Settling may occur.

## Nutrition Information

Serving Size 1 level Scoop (Approx. 2 tbsp. or 10g)

Servings Per Container Approximately 30

Amount Per Serving	% NRV <sup>1</sup>
Calories 40	
Calories From Fat 10	
Total Fat 1 g	2%
Total Carbohydrate 5 g	2%
Dietary Fiber 1 g	4%
Sugars <1 g	+
Protein 3 g	6%
Vitamin A (as beta-carotene) 1440 µg RE	180%
Vitamin C 54 mg	68%
Calcium 100 mg	13%
Iron 3 mg	21%
Sodium 85 mg	+
Potassium 350 mg	18%
<b>Perfect Green Juice Blend 5 g</b>	<b>+</b>
Barley Grass Juice*, Alfalfa Grass Juice*, Wheat Grass Juice*, Oat Grass Juice*	
<b>Perfect Protein-Mineral Blend 3.3 g</b>	<b>+</b>
Spirulina*, Rice Bran Solubles, Chlorella, Calcified Red Algae ( <i>Lithothamnion corallioides</i> ), Kelp Blend	
<b>Poten-Zyme® Fermented Whole Food Matrix 1.2 g</b>	<b>+</b>
Barley Grass*, Oat Grass*, Wheat Grass*, Alfalfa Grass*, Flax Seed Sprout*, Amaranth Sprout, Chia Seed Sprout, Garbanzo Bean Sprout, Sesame Seed Sprout*, Quinoa Sprout, Buckwheat Sprout*, Millet Sprout, Sunflower Seed Sprout, Adzuki Bean Sprout, Pumpkin Seed Sprout*, Lentil Sprout	
<b>Acerola Cherry Extract (Fruit) 300 mg</b>	<b>+</b>
<b>Perfect Veggie Juice Blend 200 mg</b>	<b>+</b>
Alfalfa Grass*, Beet* (Root), Carrot* (Root), Broccoli* (Flower & Stem), Tomato* (Fruit), Cucumber (Gourd), Kale* (Leaf), Spinach* (Leaf), Parsley* (Leaf), Green Cabbage* (Leaf), Celery (Stalk), Cauliflower (Flower & Stem), Bell Pepper* (Fruit), Asparagus (Flower & Stem), Brussels Sprout (Leaf), Onion* (Bulb), Garlic* (Bulb), Ginger* (Root)	
<b>Probiotic Blend (1 Billion CFU)<sup>2</sup> 7 mg</b>	<b>+</b>
<i>Lactobacillus plantarum</i> , <i>Bifidobacterium longum</i> , <i>Bifidobacterium lactis</i> , <i>Bifidobacterium bifidum</i> , <i>Lactobacillus rhamnosus</i> , <i>Bifidobacterium breve</i> , <i>Lactobacillus paracasei</i> , <i>Lactobacillus casei</i> , <i>Lactobacillus salivarius</i> , <i>Lactobacillus acidophilus</i>	

<sup>1</sup> Percent Nutrient Reference Value are based on 2,000 calorie diet. Nutrient Reference Value not established

Other ingredients: Rebudioside A (from leaves of Organic *Stevia rebaudiana*).

Contains: Wheat Grass. \*Organic <sup>2</sup> CFU count per serving at time of manufacture. Probiotics are cultured in dairy, which is generally consumed during the fermentation process.

Store in a cool, dry place. Do not exceed the recommended daily dose. Do not use if safety seal is broken or missing. Do not use as a substitute for a balanced and varied diet and a healthy lifestyle. **KEEP OUT OF REACH OF CHILDREN.**

**Best Before Date** – See product outer packaging



NHC16195