

UK & EU Food Supplement Label
Oceans 3 - Oceans Mom Prenatal DHA (30)

Food Supplement

Manufactured in the USA by: Garden of Life LLC 4200 Northcorp
Parkway Palm Beach Gardens, FL 33410 USA, www.gardenoflife.com

Suggested Use: Adults take 1 softgel daily with water.
Best taken with food. Not intended for children. Softgels are
enhanced with a light, natural strawberry flavor. For optimal
freshness refrigerate after opening.

Advanced Usage: Adults may increase to 2 softgels daily.

Nutrition Information

Serving Size 1 Softgel

Servings Per Container 30

	Amount Per Serving	% NRV
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	<1% ¹
Total Omega-3 Fatty Acids	365 mg	
DHA (Docosahexaenoic Acid)	350 mg	+
EPA (Eicosapentaenoic Acid)	15 mg	+

¹ Percent Nutrient Reference Value are based on 2,000 calorie diet.

+ Nutrient Reference Value not established

Ingredients: Purified deep sea fish oil (anchovies and sardines), gelatin,
glycerin, natural tocopherols (soy), natural strawberry flavoring.

CAUTION: Your diet or health situation may benefit from the advanced use
of this product. Check with your healthcare practitioner to determine your
needs. As with any food supplement, consult your healthcare practitioner
before using this product, especially if you use blood thinners, anticipate
surgery or are under medical supervision.

Store in a cool, dry place. Do not exceed the recommended daily
dose. Do not use if safety seal is broken or missing. Do not use as
a substitute for a balanced and varied diet and a healthy lifestyle.

KEEP OUT OF REACH OF CHILDREN.

Best Before Date – See product outer packaging



NHC17117