

Suggested Use: Adults take 1 tablet daily with food. Not intended for children.

Nutrition Information

Serving Size: 1 Tablet

Servings Per Container: 30

NUTRIENT	PER SERVING	% RI PER SERVING
Certified Organic Food Blend - of which:	619 mg	+
Vitamin A (as Beta Carotene)	3000 µg	375%
Vitamin C	60 mg	75%
Vitamin E	20 mg	168%
Vitamin B1	2 mg	182%
Vitamin B2	2 mg	143%
Niacin	20 mg	125%
Vitamin B6	10 mg	714%
Folate	400 µg	200%
Biotin	300 µg	600%
Pantothenic Acid	10 mg	167%
Zinc	5 mg	50%
Selenium	70 µg	127%
Manganese	1 mg	50%
Chromium	120 µg	300%
Lichen Extract - of which:	13 mg	+
Vitamin D (as D3)	25 µg	500%
Natto Extract & <i>Saccharomyces cerevisiae</i> of which:	9 mg	+
Vitamin K (K Complex with K2 as MK-7)	80 µg	107%
<i>Saccharomyces cerevisiae</i> - of which:	3 mg	+
Vitamin B12 (as Methylcobalamin)	18 µg	720%

+Reference Intake (RI) not established.

Ingredients: [Certified Organic Food Blend] (Organic *Sesbania grandiflora* (leaf), Organic Apple (fruit), Organic Guava (fruit & leaf), Organic Amla Berry (fruit), Organic Holy Basil (leaf), Organic Annatto (fruit & seed), Organic Moringa (leaf), Organic Lemon (peel), Organic Beet (root), Organic Broccoli (stalk & flower), Organic Carrot (root), Organic Spinach (leaf), Organic Tomato (fruit), Organic Strawberry (fruit), Organic *Lantana camara* (aerial), Organic *Wrightia tinctoria* (aerial), Organic Cherry (fruit), Organic Blackberry (fruit), Organic Green Bell Pepper (fruit), Organic Brussels Sprout (leaf), Organic Ginger (root), Organic Blueberry (fruit), Organic Garlic (bulb), Organic Green Onion (bulb), Organic Raspberry (fruit), Organic Parsley (leaf), Organic Cauliflower (flower & stem), Organic Red Cabbage (leaf), Organic Kale (leaf), Organic Cucumber (gourd), Organic Celery (stalk), Organic Asparagus (flower & stem)), [Clean Tablet Technology™ Blend] (patent pending): Organic Dextrose, Stabiliser: Organic Gum Arabic, Organic Brown Rice (Concentrate & Extract), Organic Potato Starch, Organic Coating (Organic Tapioca Maltodextrin, Organic Sunflower Lecithin, Organic Palm Oil, Stabiliser: Organic Guar Gum).

Keep out of reach of children.
Store in a cool, dry place.

Best before end:
See end of label.

Do not exceed
recommended intake.

Do not use if safety seal is
broken or missing.

Food supplements should
not be used as a substitute
for a varied and balanced
diet and healthy lifestyle.

Contains no artificial
colours or preservatives.



GLASS
RECYCLES



We Buy
100% Certified
Renewable
Energy

Made in the U.S.A. from foods
grown in the U.S.A. and
other countries.

Garden of Life LLC
4200 Northcorp Parkway
Palm Beach Gardens, FL
33410 USA
www.gardenoflife.com
©2017 Garden of Life LLC

Distributed in UK by
Kinetic Ent. LTD
London NW6 4BT



Certified Organic by QCS
www.kinetic4health.co.uk

UKMKOMOD30L-061317

