

**Directions:** Adults take 2 capsules daily. May be taken with or without food. Capsules can be opened. Contents can be taken directly with water or juice. Not intended for children.

## Nutrition Information

Serving Size: 2 Capsules Daily  
Servings Per Container: 30

NUTRIENT	PER SERVING	% RI PER SERVING
AuroraBlue® Blueberry Complex	48 mg	**
Of which:		
Organic Alaska Blueberry		
Organic Oval-Leaf Blueberry		
Organic Alpine Blueberry		
Organic Dwarf Bilberry		
Organic Ashwagandha	310 mg	
Pro-Culture blend	939 mg	**
Of which*:		
<i>Lactobacillus acidophilus</i> (La-14)		**
<i>Lactobacillus plantarum</i> (Lp-115)		**
<b><i>Lactobacillus helveticus</i> (R0052)</b>		**
<i>Lactobacillus paracasei</i> (Lpc-37)		**
<i>Lactobacillus casei</i> (Lc-11)		**
<i>Lactobacillus brevis</i> (Lbr-35)		**
<i>Lactobacillus rhamnosus</i> (HN001)		**
<i>Lactobacillus bulgaricus</i> (Lb-87)		**
<i>Lactobacillus gasseri</i> (Lg-36)		**
<i>Lactobacillus salivarius</i> (Ls-33)		**
<i>Bifidobacterium lactis</i> (Bl-04)		**
<b><i>Bifidobacterium longum</i> (R0175)</b>		**
<i>Bifidobacterium bifidum</i> (Bb-06)		**
<i>Bifidobacterium breve</i> (Bb-03)		**
<i>Bifidobacterium infantis</i> (Bi-26)		**
<i>Bifidobacterium longum</i> (Bl-05)		**
Total live cultures = 50 Billion CFU <sup>1</sup>		
Total <i>Lactobacillus</i> = 45 Billion CFU <sup>1</sup>		
Total <i>Bifidobacterium</i> = 5 Billion CFU <sup>1</sup>		

**INGREDIENTS:** Pro-Culture Blend [*Solanum tuberosum*] (tuber)+, Organic Acacia Fibre [*A. senegal*]+], Organic Ashwagandha [*Withania somnifera*] (root)+, AuroraBlue® Organic Blueberry Complex+ [Organic Alaska Blueberry (fruit), Organic Oval-Leaf Blueberry (fruit), Organic Alpine Blueberry (fruit), Organic Dwarf Bilberry (fruit)], Stabiliser (Organic Gum Arabic+), Non-GMO Vegetable Pullulan (Capsule Shell).

<sup>1</sup>CFU = Colony Forming Units. At Expiration Date under recommended storage conditions.

May be refrigerated or stored in a cool, dry place.

+These ingredients are Organic and represent 71% of the total

\*Cultures within potato and acacia fibre

***L. helveticus* R0052 and *B. longum* R0175 are fermented in media that may include traces of soya and dairy.**

Keep out of reach of children.  
Do not use if safety seal is broken or missing.  
Do not exceed daily recommended intake.  
Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.  
Contains no artificial ingredients or preservatives.



Recyclable  
Bottle



We Buy  
**100% Certified  
Renewable  
Energy**

AuroraBlue®  
is a registered trademark of  
Denali BioTechnologies, Inc.

Made in the U.S.A. from foods grown  
in the U.S.A. and other countries.  
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