



miessence<sup>®</sup>  
organics catalogue

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A message from Miessence

We're delighted that after more than 10 years Miessence still leads the world in developing innovative certified organic products.

From being the world's first certified organic skin care range in 2001, Miessence has grown to an international company with a range of more than 70 products for your health, your home and your body.

Our policy of using only 100% natural and organic ingredients stems from our belief in the body's innate intelligence, which responds to and resonates in harmony with nature.

Our aim is to assist your body in restoring harmony and balance. Only products that are completely free of all impurities and toxic synthetics can achieve this.

We thank you for your interest in our Miessence range.

Our philosophy centres on supporting nature and supporting people, so we have developed ethical and sustainable business opportunities and warmly invite you to continue your journey towards true health and beauty with us.

Narelle Cheney  
(Director)



About Miessence

We are proud of the fact that Miessence is the world's first extensive range of internationally certified organic products for skin, hair, body, cosmetic, oral and nutrition.

But our commitment to good health and the environment is more than skin deep.

Every step of our production process – from harvest to packaging – is stringently checked for quality.

All organic ingredients must be **certified organic** before it enters our production process. No products leaves our warehouse without passing our quality control tests.

We also recognise our responsibility to our planet.

Our manufacturing processes and freight distribution is **100% certified carbon negative**.

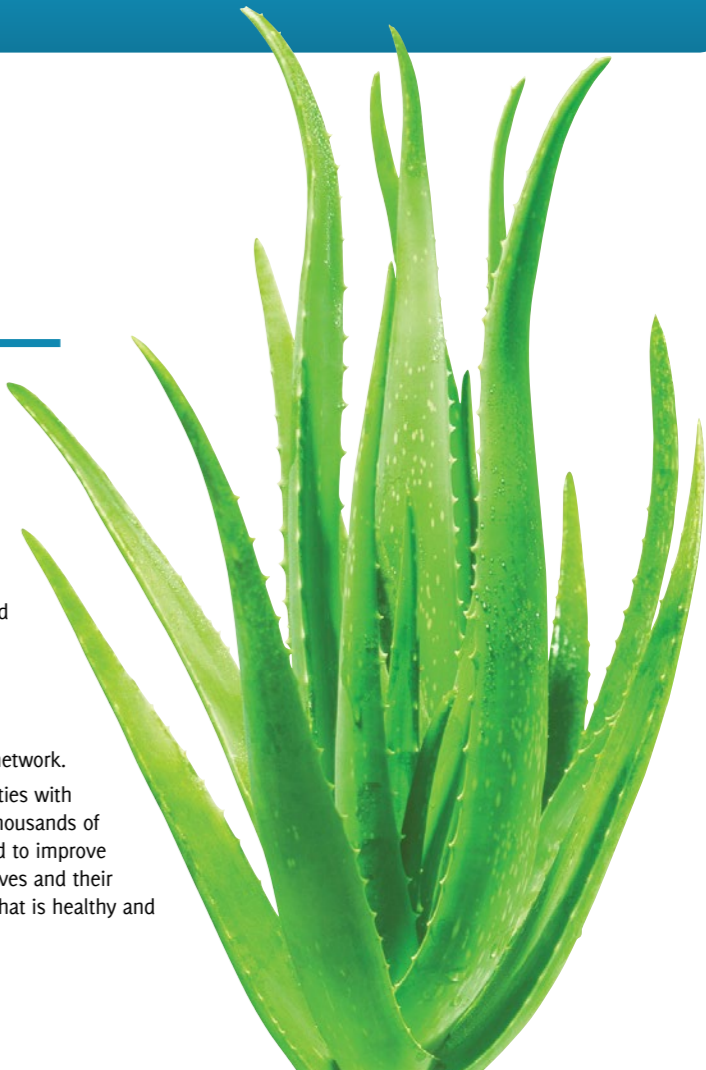
Carbon negative means we offset MORE than we emit in our manufacturing, transportation and promotion processes.

The human factor is also very important. Miessence ingredients are sourced from certified organic farmers.

In developing countries, we source farmers who are also fair trade protected, ensuring that they are paid directly and fairly for their harvest.

Miessence also encourages sustainable entrepreneurship around the world through its independent representative network.

Providing business opportunities with a low start up cost enables thousands of people from around the world to improve the quality of life for themselves and their families and do so in a way that is healthy and environmentally responsible.



## Certified Organic

Did you know that Miessence is the world's first skin care range, certified organic to food standards by an independent third party certifier?

The Miessence product range bears the Australian Certified Organic (ACO) Seal of Approval from Australia's leading certifying body, a division of the Biological Farmers of Australia Co-op Ltd.

The ACO sets and maintains stringent quality standards that are internationally recognised as either compliant with or exceeding international requirements for organic foods.

The benefits of certified organic products and processes are:

- Independent third party guarantee of quality and purity of ingredients
- Safe, clean and potent plant extracts of high vitality
- Sustainable agriculture that respects, supports and nurtures the complete ecology and energy of our planet
- Authenticity and integrity of 'organic' and 'natural' claims
- Prevention of damage to the environment and humans by poisonous chemicals used in conventional agriculture

While 'natural' and 'organic' claims abound, we have chosen to guarantee the authenticity of our claim by creating a certified organic range of products. Many may claim to be 'organic', but few have achieved independent certification to food standards.

The ACO are also registered certifiers for Europe and the US certified organic accreditation.



## 100% Beneficial Ingredients: Potent and Active Products

We are proud to say that EVERY ingredient in every certified organic Miessence product is beneficial to you and your body. Only certified organic cold-pressed oils, herb and flower extracts and essential oils are used. Our potent products contain ACTIVE levels of botanical ingredients. We use no semi-natural ingredients and, of course, we only test on humans!

## Cold Formulation: Bio-Available Nutrients for Your Skin

Only cold formulation offers superior quality active ingredients, unaltered by heat and synthetic emulsifiers. Only cold formulation provides your skin significant quantities of bio-available nutrients that literally feed your skin. Our precious, certified organic plant oils, herbal extracts, vitamins, and essential oils are not subjected to any heat during formulation.

## Made Fresh: Shipped Fresh

Our products are shipped as soon as possible after manufacturing, directly from the factory. This ensures their freshness and potency when you receive them. To gain the maximum benefits from cold pressed organic oils, extracts, and the other vital ingredients in our products, we recommend that you use them within six months of opening.

## Miessence and the Environment

In addition to producing the world's finest certified organic nutritional, health and skincare products, Miessence is also committed to going a step beyond 100% carbon neutral by going carbon negative and offsetting a further 10% beyond calculated emissions.

Since 2006, we have engaged Greenfleet, a non-profit, independent organisation to calculate our freight emissions and in turn provide the service

of planting trees on our behalf to offset our impact on the environment.

Miessence is pleased to use premium renewable electricity through the grid. This is made possible through the support of our local energy provider by allowing us to offset 100% to wind energy.

We are delighted to have our business practices audited by GreenBizCheck – and be one of the few to achieve Gold Certification.

All the Miessence team is committed to recycling and are conscientious in the use of waste, recycled materials and electricity.

Even this catalogue has been printed using environmentally friendly paper and print processes.



## BerryRadical Antioxidant Superfood

105g/3.67oz    

BerryRadical is a revolutionary certified organic antioxidant superfood designed to assist the body in attaining vibrant health, well-being and longevity. The ingredients in BerryRadical are proven to assist the body in neutralising free radical damage which may be caused by cigarette smoke, toxins, pollutants and poor eating habits.

Nutritionists recommend that we consume around 5000 ORAC units per day to significantly impact antioxidant activity in the body and reduce free radical damage.

If you're not eating at least 10 servings of fruit and vegetables a day, you're not getting the recommended amount of Oxygen Radical Absorbance Capacity (ORAC) units to mop-up the free radicals in your body.

The freeze dried ingredients in BerryRadical are 10 times more potent than their fresh fruit equivalent. In fact, one 3.5g teaspoon serving of BerryRadical contains over 4000 ORAC units! One 105g tub contains 123,375 ORAC units.

BerryRadical contains nine of the world's most potent antioxidant foods in one delicious product – cacao, coffee fruit, olive juice, pomegranate, acai berry, blueberry, raspberry, strawberry, macqui berry.



## InLiveN Probiotic Superfood

150g/5.3oz   

The unique combination of whole food and friendly bacteria in InLiveN is a revolutionary breakthrough in the world of nutrition and will become the benchmark upon which all superfood blends are measured.

The unique formulation provides the core Lactobacillus family of 13 strains combined with 26 wholefoods and is pre-digested enabling the body to instantly assimilate the broad spectrum of nutrients.

Probiotics are essential for the maintenance of good digestive health, strengthening the immune system, reducing cholesterol, improving nutrient uptake and the absorption of minerals.

The Probiotics in Miessence InLiveN Superfood are the result of 20 years of research and are produced from fruits and grains.



## DeepGreen Alkalising Superfood

105g/3.67oz    

DeepGreen Alkalising Superfood contains only certified organic blue-green algae, green grass juices and leafy green vegetables.

This abundance of critical enzymes in DeepGreen nourishes and alkalises the entire body.

Alkalising foods help neutralise toxic acids in the blood and tissues caused by eating acidifying foods, excess stress, excessive exercise, environmental pollutants, drugs, alcohol, coffee and tobacco. DeepGreen benefits the brain, bones and heart, helps to prevent degenerative disease, detoxify and alkalise cells, boost the immune system and increase energy levels.

Alkalising is also an important part of maintaining good bone health by reducing the demand on the body for alkalising minerals to counteract metabolic acid.



## FastTract Gluten Free Probiotic Liquid

750ml/25.4fl.oz    

FastTract is a refreshing, effervescent, liquid probiotic, an active source of friendly Lactobacillus bacteria and a natural source of vitamins, minerals amino acids and enzymes.

This high quality probiotic liquid is produced through an entirely natural organic, fermentation process and is formulated to achieve high, active levels of probiotic bacteria sustained in a ready, liquid medium immediately available for use within the digestive system.

FastTract is also gluten-free, making it the ideal probiotic for the digestive health of people with a wheat allergy.



Miessence Complete Protein Powder

750g/26.45oz



Protein is one of the foundational nutritional elements essential for health and well being and we need to take protein daily.

Miessence Complete Protein Powder is the perfect answer for people who need to supplement their daily intake for health, dietary or lifestyle requirements, or who wish to change their source of protein.

Miessence Complete Protein Powder is an easily digestible, extremely high protein, low carbohydrate, optimally balanced amino acid profile, superfood. Just one 25 gram serving provides over 2/3 daily Essential Amino Acid requirement for a 70kg person!

Unlike many other vegan protein powders, Miessence Complete Protein Powder contains all 9 essential amino acids and the full range of nonessential amino acids.

It also has the highest Net Protein Utilisation score of any vegetable based protein and the highest ratio of amino acids converted to proteins.

Miessence Complete Protein Powder has a deliciously nutty flavour and is suitable for adding to sweet or savoury foods.



Protein for All

It is suitable for people of all ages including elite athletes & body builders, weight loss dieters, breastfeeding mothers, children, and the elderly.

When we formulated Miessence Complete Protein Powder, we said 'no', so you could say 'yes'!

- NO gluten
- NO egg
- NO soy
- NO dairy
- NO whey protein
- NO artificial sweeteners
- NO preservatives
- NO lecithin



Certified Organic Potent Plant Sources

Miessence Complete Protein Powder is made from 3 certified organic potent plant sources:

- Sprouted Brown Rice
- Biofermented Pea
- Sacha Inchi



### BerryRadical Antioxidant Superfood

Anti-ageing from the inside! The antioxidant equivalent of over 8 servings of fruits and veggies in a delicious chocolatey beverage.

### DeepGreen Alkalising Superfood

Remineralise and balance your body pH with a super-concentrated source of alkalising, mineral-rich, green algae, grass juices and leafy greens.

### InLiveN Probiotic Superfood

26 naturally fermented organic whole foods to help recolonise the gut with beneficial bacteria. 80% of our immunity is in our gut. Fermented foods are one of the keys to longevity.

### Are you ready for the challenge?

We face so many challenges today: stress, poor health, poor diet...

But what if you could take just one challenge that would put you on the right path for improved well-being?

Introducing The Vitality Challenge with Miessence Superfoods.

The Vitality Challenge with Miessence Superfoods is a **10 day challenge** that will introduce your body to the benefits of three of the world's most potent superfood blends.

### Benefits

Among the benefits people have reported after completing the Vitality Challenge are:

- Increased energy levels
- Improved sleep
- Heightened mental alertness
- Improved well-being

If you'd like to know more about the Vitality Challenge, then talk to your Miessence Independent Representative today.



### Spiced Pear Pleasure

by Kristine Miles

#### Ingredients:

- 3-4 ripe pears
- 2-3 tablespoons hemp or sunflower seeds
- 1.5 cups of filtered water
- 2cm piece of fresh ginger
- 1/2 tsp cardamom ground
- 1 teaspoon cinnamon ground
- 2 teaspoons DeepGreen
- 2 teaspoons InLiveN
- Optional – extra leafy greens

#### Method:

Just assemble and blend for a delicious drink

### BerryRadical Banana Fruit Smoothie

by Narelle Pearce

#### Ingredients

- 1 teaspoon BerryRadical Antioxidant Superfood
- 1 teaspoon InLiveN Probiotic Superfood
- 1 teaspoon DeepGreen Alkalising Superfood
- 1 cup skim milk
- 2 tablespoons organic yoghurt
- Frozen Fruit: (I like to use frozen fruit so it makes a nice thick smoothie)
- 1 Banana
- Watermelon
- Rockmelon
- Berries

#### Method

Blend together in a blender, serve with a strawberry to garnish and enjoy!

### Sonja's Super Smoothie

by Sonja Cooper

#### Ingredients

- 1 banana
- 1 cup of mixed berries (fresh or frozen)
- 1/2 dragon fruit
- 1 small ripe avocado
- 1/4 cucumber, peeled
- 1 organic raw egg (optional)
- 2 tablespoon organic natural yoghurt
- 1 tablespoon frozen yoghurt (optional)
- 1 Cup coconut water
- 1 teaspoon each of: InLiveN, DeepGreen & BerryRadical
- 1 teaspoon each of: maca powder, black chia seeds, white chia seeds, Linseed, Sunflower and Almond (all of these are optional according to your taste – I do add them all :D)

#### Method

Combine all ingredients into a blender & blend  
Pour into 2 tall glasses  
Garnish as desired (I used a strawberry)

#### Options

Experiment with your favourite fruits & veg :D  
Substitute the coconut water for almond milk, rice milk etc

**Tip:** It is easier to blend by adding ingredients gradually & blending as you go.



### Miessence® Skin Profiles

Miessence® products are designed around four different skin profiles. You may find you'll want to mix-and-match different products from different profiles to perfectly suit your skin, which is fine! By browsing through the profiles below you can ascertain which one you feel is most compatible with your skin right now.



## Balancing

Normal combination profile  
Even skin tone

- fine to average pore size
- some enlarged pores
- some T-zone oiliness
- occasional breakouts
- some blackheads

## Purifying

Oily problem profile  
Oily sheen

- breakouts/blemishes
- congestion/clogging
- open pores
- blackheads
- redness

## Rejuvenating

Dry mature profile  
loss of elasticity

- varying pore size
- some dry patches
- no sheen/dull complexion
- can feel tight and dry
- may have surface capillaries

## Soothing

Sensitive profile  
May have surface capillaries

- can feel irritated, itchy and hot
- can appear blotchy
- may have flaky patches
- allergic reactions common
- flushed and red easily



## Balancing Cleanser

normal/combination skin



250ml/8.5fl.oz  
3ml/o.1fl.oz (Sample Sachet)

A certified organic cleanser with stimulating organic orange peel oil, calendula and marshmallow that effectively removes perspiration, pollution and excess oils. Leaves the skin feeling soft and fresh.



## Purifying Cleanser

oily/problem skin



250ml/8.5fl.oz  
3ml/o.1fl.oz (Sample Sachet)

A certified organic purifying cleanser with fresh organic lemon peel oil, witch hazel and burdock that leaves the skin feeling soft, clean and fresh, without feeling stripped and dry.



## Rejuvenating Cleanser

dry/mature skin



250ml/8.5fl.oz  
3ml/o.1fl.oz (Sample Sachet)

A rich, emollient certified organic cleanser formulated with rejuvenating organic geranium, hops and chamomile for dry or mature skin. Softens and freshens, gently removing perspiration and pollution.



## Soothing Cleanser

sensitive skin



250ml/8.5fl.oz  
3ml/o.1fl.oz (Sample Sachet)

A very gentle, yet effective certified organic cleanser with relaxing organic bergamot and chamomile to immediately calm and soothe sensitive, taut skin.

### Why?

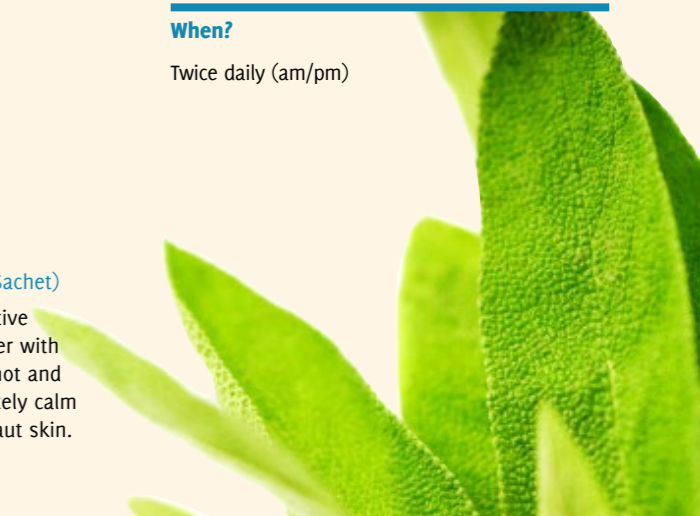
Cleansing removes the top layer of dead cells, oil, perspiration and pollution. If your skin is not cleansed properly it becomes dull and flaky and the oil glands block up with dirt and cellular waste, causing breakouts and congestion.

### How?

Gently press the face with a warm, soft cloth to soften and prepare the skin for cleansing. Massage one or two pumps of cleanser into your face and neck. Remove with a damp cloth and plenty of water. If wearing make-up, a second cleanse is necessary.

### When?

Twice daily (am/pm)





## Garnet Exfoliant

Normal Skin   

140g/4.9oz

Polished alluvial garnet works effectively to clear congestion resulting from a build-up of dead, dry surface skin cells. The best scrub ever, with a fresh citrus blend of organic lemon, bergamot and orange.

### Why?

A build up of dead skin cells causes a rough and dull appearance. Exfoliating the top layers of dehydrated cells promotes a youthful, glowing skin.

### How?

Squeeze a small amount of exfoliant onto damp fingertips and massage onto damp skin using a small circular motion, paying particular attention to the T-zone if necessary.

### When?

Once a week for sensitive and dry/mature skin. A few times a week for normal/combination/oily/clogged skin. Do not exfoliate blemished skin, to avoid spreading infection.



## Rejuvenating Mineral Mask

Dry/Mature Skin

45g/1.6oz

Natural white clay, organic horsetail and nettle help renew the skin's surface, promoting a smooth, clear texture.



## Purifying Mineral Mask

Dry/Mature Skin

45g/1.6oz

Specifically formulated for problem skin with natural green clay, organic echinacea and witch hazel to tone and soothe the skin. Contains the wonderful properties of organic lavender and lemon myrtle.

### Why?

While regular cleansing removes surface impurities, clay-based masks will actually draw toxins from within the skin so they can be washed away. Clay firms, tones and refines the skin, promoting a smooth, supple, and clear complexion. Clay remineralises and rebalances the skin. Masks must be followed by a Skin Conditioner and Moisturiser to prevent dehydration.

### How?

Make a smooth paste by stirring 1 tsp of purified water with 1 heaped tsp of mask powder in a glass bowl (or jar lid). Smooth a generous amount onto face and neck. Lie down with your feet up and relax for 10-15 minutes, until mask is almost dry. Rinse off with plenty of tepid water and a soft cloth.

### When?

Once a week for sensitive and dry / mature skin. Twice a week for normal / combination / oily skin. Daily for blemished skin (for a week) then every second day (for a week), then twice weekly until congestion and blemishes have cleared.

## Probiotic Skin Brightener

All Skin Types



100ml/3.3fl.oz

5ml/0.17fl.oz (Sample Sachet)

Probiotic bacteria ferment organic whole grains and legumes to release nutrients and create a naturally occurring, extremely mild lactic liquid which is known to restore and protect the skin's acid mantle.



### Why?

Lighten and brighten the complexion, improve photo damaged skin, exfoliate dead skin cells for a smoother, less-wrinkled appearance, help break down impurities, whilst bringing moisture, clarity and vitality to the skin.

### How?

Dispense 2 to 3 pumps of Probiotic Skin Brightener onto a cotton wool ball or pad and sweep it gently over the face, throat and décolletage, avoiding the eyes.

### When?

Twice daily (am/pm) after cleansing and before applying Skin Conditioner.

## Balancing Skin Conditioner

Normal/Combination Skin



100ml/3.3fl.oz

5ml/0.17fl.oz (Sample Sachet)

A hydrating aloe vera infusion with organic olive leaf, calendula and marshmallow to refresh and tone the skin. Organic lavender revives the senses. Balancing Skin Conditioner helps to maintain a refined and supple complexion.



## Purifying Skin Conditioner

Oily/Problem Skin



100ml/3.3fl.oz

5ml/0.17fl.oz (Sample Sachet)

A purifying aloe vera infusion with organic echinacea, witch hazel, burdock, and plantain, known to help firm and tone the skin. Tea tree, lemon myrtle and sandalwood assist the Purifying Skin Conditioner to clarify and purify the complexion.



## Rejuvenating Skin Conditioner

Dry/Mature Skin



100ml/3.3fl.oz

5ml/0.17fl.oz (Sample Sachet)

A refreshing aloe vera infusion with organic gotu kola and horsetail, known to energise and tone the skin. Organic rose and chamomile rejuvenates and firms. Rejuvenating Skin Conditioner revitalises the complexion for radiant skin.



## Soothing Skin Conditioner

Sensitive Skin



100ml/3.3fl.oz

5ml/0.17fl.oz (Sample Sachet)

A gentle aloe vera infusion with organic horsechestnut and St John's wort and essential oils of carrot, chamomile and neroli that are known to help calm and soothe skin chapped by the elements. Helps skin feel soothed and softened.



### Why?

Conditioning is a vital step in the Miessence® skincare regime. Conditioning has a twofold purpose: firstly, to feed the skin with nutrients in the water-soluble botanicals, organic herbs and essential oils, and secondly, to provide a hydration base for the moisturiser to lock in.

### How?

On clean moist skin, massage 2 to 3 pumps of conditioner gently onto face, throat and décolletage.

### When?

Twice daily (am/pm) on cleansed skin.

**Why?**

Treatment gels are intense concentrations of botanical extracts for special skin needs.

**How?**

Apply 1 to 2 pumps of the gel to the fingertip and pat onto affected areas.

**When?**

Twice daily (am/pm) after conditioning and before moisturising.



## Soothing Couperose Gel

Broken Capillaries/Redness



30ml/1.0fl.oz

A strengthening treatment for sensitive skin with ultra-soothing organic plant extracts. Contains fortifying and toning horsechestnut, soothing St. John's wort, calming chamomile and astringent and toning witch hazel to help reduce a red, blotchy appearance.



## Purifying Blemish Gel

Blemishes/Pimples/Cuts



30ml/1.0fl.oz

A potent and powerful blend of healing and calming organic herbs and flowers, including purifying thyme, healing plantain, clarifying echinacea and soothing marshmallow. Contains the potent properties of organic lavender and lemon myrtle.



## Balancing Moisturiser

Normal/Combination Skin



50ml/1.7fl.oz

3ml/0.1fl.oz (Sample Sachet)

A creamy moisturiser with significant and lasting effects on skin hydration and smoothness. Formulated with plant phospholipids, organic seed butters and oils, organic herbs and flowers to maintain healthy skin. Contains organic rosehip seed oil, jojoba, calendula, chamomile, olive leaf, marshmallow and lavender.



## Purifying Moisturiser

Oily/Problem Skin



50ml/1.7fl.oz

3ml/0.1fl.oz (Sample Sachet)

A light lotion with organic extracts known to help inflamed complexions. Plant phospholipids hydrate the skin without clogging the pores or over-moisturising. Contains purifying and toning organic echinacea, plantain, calendula, witch hazel, tea tree and lemon myrtle.



## Rejuvenating Moisturiser

Dry/Mature Skin



50ml/1.7fl.oz

3ml/0.1fl.oz (Sample Sachet)

A rich moisturising cream with significant and lasting effects on hydration and softness. Formulated with plant phospholipids, organic herbs, organic seed oils and butters, and organic flower extracts to nourish and revitalise the complexion. Contains nourishing organic avocado, rosehip seed oil, gotu kola, horsetail and nettle with the beautiful aroma of organic Roman chamomile and rose essential oils.



## Soothing Moisturiser

Sensitive Skin



50ml/1.7fl.oz

3ml/0.1fl.oz (Sample Sachet)

A soothing moisturiser with organic herb and flower extracts, seed oils and butters, and plant phospholipids that restore and repair the appearance of sensitive, damaged skin while demonstrating significant, lasting effects on skin hydration and smoothness. Contains two soothing chamomiles (German and Roman), protective calendula, carrot and horsechestnut.

**Why?**

This step creates a protective barrier against free radicals and moisture loss (one of the main causes of wrinkles). The special ingredients in our unique organic base have lasting effects on skin hydration and smoothness.

**How?**

Apply one to two pumps of your moisturiser to the palm of your hand. Pat and press gently onto your face, throat and décolletage.

**When?**

Twice daily (am/pm) after conditioning (and gel, if required).

**Why?**

Serums lock in hydration and intensively moisturise the skin. Use Rejuvenessence Facial Serum nightly to help regenerate and revitalise the complexion. Use Firming Eye and Neck Serum to smooth, tone and firm the appearance of the skin around the eyes and neck.

**How?**

Because our product is ultra-concentrated, only a small amount is needed for optimum results. To use the Rejuvenessence Facial Serum, pump a few drops into the palm of the hand, then gently pat and press onto your face, throat and décolletage. To use the Firming Eye and Neck Serum, pump a few drops into the palm of the hand, then using one finger, pat and smooth around the total eye area (from outer to inner eye), then gently pat and press remainder of serum onto throat and décolletage.

**When?**

After moisturising. Rejuvenessence Facial Serum daily. Firming Eye and Neck Serum twice daily (am/pm).



## Firming Eye & Neck Serum

Crow's Feet/Ageing Eye & Neck Area

30ml/1fl.oz



GF

V

Softens, smoothes and deeply moisturises with organic rosehip seed and avocado oil. Tones and firms with organic nettle, horsetail, hops and olive leaf extracts. Helps diminish the appearance of fine lines, wrinkles and crow's feet.



## Rejuvenessence Facial Serum

Tired, Stressed, Ageing Skin

30ml/1fl.oz



GF

V

A powerful blend of organic rosehip seed, avocado and jojoba oil with organic rose, calendula and carrot to revitalise and boost the appearance of tired, stressed skin. Use nightly to help regenerate and revitalise the complexion.

**Testimonial**

"For many years (twenty or so) I have suffered from adult acne, especially cyst type acne around my cheek and jaw area. I discovered Miessence® twelve months ago and at first my skin reacted and I had more redness but was advised to keep going and allow my skin to detoxify. I continued using a combination of soothing products and rejuvenating masks, and the beautiful serums. Members of my family had not seen me for four months and couldn't believe the difference in my appearance over that time. Twelve months down the track I am still seeing improvement. I no longer have lumpy cysts break out, my puffiness has gone and my scarring is gradually improving. I love the fact that this is being achieved without harsh products that strip my skin. I will definitely continue to use Miessence® skin care products... they are just wonderful!"

Linda T. VIC, Australia

**Narelle's Beauty Tip:**

Superboost your moisturiser with a few drops of Rejuvenessence Facial Serum if your skin is feeling dehydrated and dry from the cold winter weather, or damaged and burnt from hot summer days. You will feel the relief immediately, and your skin will have a beautiful, healthy glow.

**Ambrosia Essence Ingredients**

**Organic Tamanu Nut Oil** (*calophyllum inophyllum*) Tamanu oil is pressed from the dark chocolate-brown kernels of the Tamanu tree that grows profusely along the coastline of the Pacific Islands. Tamanu oil possesses the unique capacity to promote cicatrization thereby improving the appearance of wounds and healthy skin alike. It is used widely in the Pacific islands as a folk medicine, and is applied liberally to cuts, scrapes, burns, insect bites and stings, abrasions, acne and acne scars, psoriasis, diabetic sores, sunburn, dry or scaly skin, blisters, and eczema.

**Organic Rosehip Seed Oil** (*rosa rubiginosa*) Rosehip seed oil is pressed from the seeds in the red berry-like fruits, or hips, of a wild rose-bush that grows in the lush mountain valleys of the southern Andes, in Chile. It is used to reduce the appearance of scars and facial lines, and prevents the signs of premature aging.

**Organic Helichrysum Flower Oil** (*helichrysum italicum*) Helichrysum oil is extracted from the fresh or dried flowering clusters by steam distillation. Helichrysum oil is used to improve the appearance of scars, acne, dermatitis, stretch marks, boils and abscesses.

**Organic Neroli Flower Oil** (*citrus aurantium ssp amara*) It takes 1000 kgs of orange blossoms to make 1 kg of Neroli oil. Neroli oil is extracted from the small, white, waxy flowers of the bitter-orange tree by steam distillation. Neroli oil can help with the appearance of scar tissue and stretch marks and also prevents the signs of premature aging.

**Organic Patchouli Leaf Oil** (*pogostemon cablin*) The pure essential oil of Patchouli leaves is used to improve the appearance of dry, mature or wrinkled skin. It is useful for inflamed skin conditions such as dermatitis, eczema and acne.

**Organic Calendula CO2 Flower Extract** (*calendula officinalis*) The total supercritical extraction of Calendula flowers, or marigold, is 200 times stronger than the maceration in vegetable oil. This unique method of extraction collects the most volatile and fragile fractions of the plant and obtains all the beneficial fats, resins and waxes contained in the whole flower. Calendula is an excellent anti-inflammatory, is very useful for eczema, dermatitis and irritated skin.

**Carrot CO2 Seed Extract** (*daucus carota*) Carrot seed oil is made from supercritical extraction from carrot seeds that are sourced from New Zealand, ensuring an exceptionally pure extract. Low processing temperatures ensures a gentle extraction of the seed. Carrot seed oil is excellent for improving the appearance of wrinkled, sun damaged and mature skin. It improves the complexion by removing toxin build up in the skin and is also useful in cases of water retention. Using carrot seed oil will improve tone and elasticity to the skin, creating a firmer, fresher appearance. It is excellent for mature and congested skin, couperose skin and eczema.

**Organic Rosemary CO2 Leaf Extract** (*rosmarinus officinalis*) A potent natural antioxidant extracted from the fresh leaves of the herb. Its properties are antibacterial, soothing and wound healing. Rosemary is a powerful antioxidant, preventing damage by free radicals. Rosemary is renowned as a rejuvenating tonic and is said to prevent the signs of premature aging.

## Ambrosia Essence Skin Perfector

Highly Potent/Highly Beneficial

15ml/0.5fl.oz



Certified organic Ambrosia Essence is an extremely potent combination of eight highly effective herbal and flower extracts to soothe, tone and renew the skin.

**Why?**

To restore ageless beauty, rejuvenate the complexion, and renew the youth in your skin. Ambrosia Essence is a skin perfector. An ultra rejuvenation treatment.

**How?**

Pump a few drops of the oil onto your fingertips and massage into the affected area until completely absorbed.

**When?**

Use daily as a super-intense nourishing booster prior to moisturising. Use nightly after cleansing to revive and restore your complexion and promote cellular renewal.



## Rose Monsoon Hydrating Mist

### Dehydration

30ml/1.7fl.oz



Rose Monsoon Hydrating Mist contains the exquisite Bulgarian rose otto (essential oil) and Bulgarian rose hydrosol (floral water) which are both products of the gentle steam distillation of the fresh flower petals of Bulgarian Rosa Damascena. Rose Monsoon Hydrating Mist is wonderful for refreshing dry, sensitive skin.



### Why?

In Eastern traditions, the aroma of the Thousand-Petalled Rose promotes strength and vitality and enhances harmony and balance. Saturated with water-soluble botanicals present in the petals, rosewater has many uses.

### How?

Holding the bottle at arm's length, spray a gentle mist around the face to cleanse the aura, calm the soul and rehydrate the complexion.

### When?

Whenever you and your skin are feeling stressed.



### Narelle's Beauty Tip:

Spray over make-up for a dewy complexion. Perfect for rehydrating and invigorating your complexion in air-conditioned environments such as offices and aircraft.

## Shaving Gel



125g/4.4oz

A light, lubricating gel formulated with 66% organic inner leaf aloe vera gel for sensitive or irritated skin. Provides good razor-slip for a close, smooth shave with organic sunflower and xanthan gel. Organic emollients protect against razor burn, nicks and cuts whilst softening and soothing the skin. Apply a small amount to wet skin and massage gently. Shave as usual and rinse face with tepid water and a soft cloth.

## After Shave Balm



100ml/3.3fl.oz

A hydrating balm to soothe, tone and refresh the skin. Calms razor burned skin with organic chamomile and marshmallow and soothing organic aloe vera. Refines and refreshes with organic witch hazel and St. John's wort. Apply two to three pumps to fingertips and gently massage over face and neck area after shaving. Allow to absorb briefly before applying moisturiser.





Make Miessence part of your daily skin care routine and experience the difference that truly fresh, organic skin care products make. Our Certified Organic skin care range gives you the luxurious spa facial treatment that you can enjoy at home every day.

Every ingredient in Miessence Skin Care range is especially chosen for its known benefits – each one plays an important role in providing support and nourishment.

The active ingredients are naturally, not chemically, derived giving you the unrivalled purity, potency and freshness for which Miessence is renowned.

To find out how you can receive amazing discounts on your Facial Spa Pack (and everything else in the Miessence range!), ask your Miessence Independent Representative today.

#### 2-Minute Daily Skincare Routine (Skin Essentials Pack)

**Step 1: Cleanse**

**Step 2: Condition**

**Step 3: Moisturise**

#### The Organic Facial Spa Ritual

**Step 1: Cleanse** [to cleanse & purify]

**Step 2: Exfoliate** [to decongest & polish]

**Step 3: Mask** [to detoxify & remineralise]

**Step 4: Brighten** [to refine & clarify]

**Step 5: Condition** [to feed & hydrate]

**Step 6: Treatment** [to strengthen & heal]

**Step 7: Ambrosia Perfector** [to repair & renew]

**Step 8: Moisturise** [to protect & restore]

**Step 9: Serums** [to nourish & revitalise]

**Step 10: Mist** [to rehydrate & invigorate]

## Facial Spa Pack

Pamper yourself with a luxurious facial treatment at home with six of Miessence's most popular skin care products:

- **Firming Eye & Neck Serum**
- **Probiotic Skin Brightener**
- **Rose Monsoon Hydrating Mist**
- **Garnet Exfoliant**
- **Rejuvenating Mineral Mask**
- **Rejuvenessence Facial Serum**

Add these products to your daily skin care routine and feel the difference certified organic botanics makes to your skin. Our exclusive formulations work together to gently promote nutrients and thoroughly reintroduce moisture to improve elasticity and skin tone which helps smooth fine lines and wrinkles.

You'll feel better too, knowing that you are using treating your skin to all natural certified organics with none of the synthetic compounds or toxic ingredients found in conventional skin care preparations.



## Desert Flower Shampoo

Normal to Dry Hair   

250ml/8.5fl.oz

50ml/1.7fl.oz (Travel Size)

10ml/0.34fl.oz (Sample Sachet)



Ultra mild for daily use. Great for babies and children. Extremely mild yucca juice and polyglucose gently cleanse the hair. Panthenol moisturises the hair. Organic avocado oil restores lustre and hydrates dry and damaged ends. Organic herbs add sheen and body to your hair.

## Lemon Myrtle Shampoo

Normal to Oily Hair   

250ml/8.5fl.oz

10ml/0.34fl.oz (Sample Sachet)



Cleansing and purifying for normal/oily hair. A shampoo for oilier hair types or for when you have been using a few too many styling agents. Be revitalised by the invigorating aroma of organic lemon myrtle.

## Clarifying Hair Rinse


Oily/Problem Scalps   

250ml/8.5fl.oz

Clarifying Hair Rinse closes the hair shaft and helps to detangle the hair. It acidifies the scalp and removes excess oils, leaving the hair clean and glossy. Formulated with organic apple cider vinegar, beneficial hair and scalp organic herbs, and the invigorating aroma of organic lemon peel oil.



## Shine Herbal Hair Conditioner

All Hair Types   

250ml/8.5fl.oz

40g/1.41oz (Travel Size)

10ml/0.34fl.oz (Sample Sachet)



Hydrates, conditions and protects the hair with nourishing and emollient moringa seed oil from Tanzania. Pro-vitamin B5 (panthenol) and organic herbs promote lustre and body. Naturally balances the pH with organic apple cider vinegar.

## Protect Hair Repair

All Hair Types   

250ml/8.5fl.oz

Certified organic lactic acid, in the form of a naturally fermented grain extract, provides long lasting moisturisation, imparts lustre and conditions the hair. Organic rosehip seed oil moisturises and softens dry, brittle ends. Organic herbs help rebuild strength and body. Protect Hair Repair will help to detangle and smooth your hair. Use after towel drying, before styling.



## Shape Styling Gel

All Hair Types   

250ml/8.5fl.oz

Condition, protect and nourish the hair while styling. Rosehip oil provides long lasting moisturisation, imparts lustre and conditions the hair. Our blend of organic herbs treat your hair and scalp. Provides medium body and hold for most hair types.



### Hair Detox

You may experience a hair detox for the first few weeks if you have been using hair care with silicone derivatives. Commercial hair care products often leave your hair coated with plastic from the silicone derivatives (dimethicone, cyclomethicone, any chemical with 'cone' in it) they contain. Our shampoos will not foam and the hair care will not work effectively until you have removed this coating by detoxing your hair. This can be done a number of ways:

- Over time - using our products until it happens (slowly - the clarifying hair rinse will assist)
- Detoxing your hair with a few baths of 1 cup sea salt, 1 cup apple cider vinegar 2 cups bicarb soda (hop in the bath and swish your hair around in it)
- Making a paste of bicarb soda and our shampoo and washing your hair with it a few times
- Making a paste of clay (one of our masks - or just clay from the health food store) with our shampoo and washing your hair with that a few times.

While your hair is detoxing, it may feel dry and knotty. This is normal, as the hair is eliminating the silicone from your hair. Once they have been dissolved, you will find our shampoo foams and your hair is silky and soft. Protect Hair Repair will help with knotty hair during the detox process.

## Bushflower Body Spray

125ml/4.2fl.oz   

Outdoor Fresh Body Spray. A potent combination of pure organic essential oils, organic herbal extracts and absolutely no chemical nasties.

## Sunflower Body Wash

250ml/8.5fl.oz   

50ml/1.7fl.oz (Travel Size)

10ml/0.34fl.oz (Sample Sachet)

Gently cleanses your body while moisturising it with lashings of vitamin-rich, cold-pressed organic sunflower oil. Contains invigorating orange peel, lemon peel and lime peel oils.

## Luxurious Body Powder

100ml/3.5fl.oz    

A smooth, silky blend of certified organic cornstarch and China clay, infused with a calming and uplifting aromatic blend of enchanting citrus and exotic blossoms.

## Exfoliating Cleansing Bars

Rose Geranium & Tea Tree

100g/3.5oz   

Hand crafted from organic cold-pressed virgin coconut oil from the Pacific Islands, where fully ripe coconuts fall to the ground and are collected, grated and cold-pressed within hours of opening the nut. Unsuitable for use on the face due to their naturally alkaline pH.

## Roll-On Deodorants

60ml/2.02fl.oz   

**Tahitian Breeze:** A warm, balmy blend of intense floral and citrus aromas.

**Ancient Spice:** A rich and vibrant arrangement of ancient oils and spices. Great for Blokes!

**Aroma Free:** No essential oils for aroma-free protection.



## Nourishing Hand Cream

40g/1.14oz   

3ml/0.1fl.oz (Sample Sachet)

An ultra-rich, nourishing cream for dry, chapped hands with antioxidants that help protect the hands from environmental stress. Organic shea butter and phospholipids keep the hands soft, supple and smooth. Helps to refine the texture of the hands and brings moisture to the skin. Absorbs quickly without leaving the skin greasy. Perfumed with divine organic rose essential oil.

## Intensive Body Cream

250ml/8.5fl.oz   

40g/1.41oz (Travel Size)


10ml/0.34fl.oz (Sample Sachet)

A certified organic intensive moisturiser to nourish and revitalise your skin with organic shea butter and the exquisite scent of organic geranium and patchouli.

A concentrated blend of organic avocado and sunflower oils, phospholipids and antioxidants creates a protective barrier against moisture loss. Actively promotes elasticity and suppleness.

## Barrier Balm

*Soothes and protects*

20g/0.7oz 

A soothing balm that protects sensitive areas. Softens dry patches, soothes irritated skin and calms minor skin inflammation and redness. Repels moisture and prevents chafing. Soothes chapped skin and lips. Can also be used for relieving cuts, scrapes, bites, sun and wind burn. Suitable for the whole family – especially good for treating nappy rash.

## Belly & Breast Balm

*For expectant Mums*

125ml/4.2fl.oz   

An amazingly powerful blend of organic and wild-harvested ingredients to care for your expanding body. Minimises stretch marks with exceptional skin regeneratives that actively promote renewal, elasticity and suppleness. Helps to prevent underlying tissue damage by stimulating skin renewal. Feels and smells divine, so your massaging ritual is utterly enjoyable and nurturing.

## Mint, Lemon & Anise Toothpastes



150g/5.3 oz

50g/1.8oz (Travel size available in Mint only)

Cleanse and brighten your teeth naturally. Organic essential oils and herbs freshen your breath and maintain healthy teeth and gums. Miessence® toothpastes are free from fluoride, aluminium, artificial sweeteners or detergents.

## Freshening Mouth Wash

250ml/8.5fl.oz

A refreshing alcohol-free natural mouth wash. Helps kill the bacteria that cause bad breath. Leaves your breath smelling sweet and fresh. Organic sage and thyme soothe the mouth.

## Breath Fresh Spray

12ml/0.41fl.oz

This handy little 12ml spray is great for your handbag, desk, pocket or toiletry bag to help kill the bacteria that cause bad breath and give you the confidence of fresh breath all day long.



Children are especially vulnerable to environmental toxins. Their rapid metabolism means little ones' bodies are more susceptible to chemicals in their air and their environment, as well as in their food and drink. The good news is Miessence has plenty of pure, natural and gentle certified organic products that will help give your baby the very best start in life.

In fact, all of our products are safe and gentle enough to use on children. Here are our suggestions for the ideal baby shower gift:

### Belly & Breast Balm

A soothing and nourishing balm safe for mums-to-be to use during pregnancy and beyond.

Use it as a special massage ritual as a delightful way to bond with your newborn.

### Reflect Outdoor Balm

Featuring micro-fine zinc along with nourishing olive oil, Reflect Outdoor Balm is an ideal solution to distressing nappy rash.

### Desert Flower Shampoo

Ultra mild for daily use and perfect to use on babies and children and will not irritate skin or eyes.

### Barrier Balm

A soothing balm that protects baby's sensitive skin from chafing and which relieves dry skin patches.

### Sunflower Body Wash

Deliciously scented with gentle cleansing and a safe alternative to children's bubble bath and baby wash products.

### Intensive Body Cream

Actively promotes skin elasticity and suppleness.



Reflect Outdoor Balm 100g/3.5oz 

Reflect is a water-free nourishing balm with natural minerals that help reflect damaging ultraviolet radiation. Micro-fine zinc oxide offers protection from harmful rays whilst organic olive oil keeps the skin supple. Potent antioxidants including a natural vitamin E, beta carotene and rosemary extract, protect the skin from premature aging and prevent damage caused by the elements.

Why do we need natural sun protection?

We all know that getting sunburnt is not a good idea and that sunscreen is the way to prevent sunburn... but what are those chemicals in commercial sunscreens? Latest research is beginning to discover some serious problems:

- Octyl-methoxycinnamate – produces free radicals (singlet molecular oxygen) known to be toxic to cells<sup>(1)</sup>
- Titanium dioxide – causes DNA damage (the cells genetic material) due to superoxide radicals, active oxygen radicals and hydroxyl radicals when exposed to light<sup>(2)(3)(4)</sup>
- Oxybenzone – is rapidly oxidised in the presence of light and inactivates important antioxidant systems in the skin (the skin's natural protection system)<sup>(5)</sup>
- PABA – produces free radicals in the presence of light<sup>(1)</sup>
- Cinoxate – causes DNA damage (sister chromatid exchanges)<sup>(6)</sup>

Medical Research Papers: (1) Chem Res Toxicol 1996 Apr-May; 9(3):605-9 ; (2) Mutat Res 2000 Mar 3; 466(1):1-7 ; (3) Free Radic Biol Med 1999 Aug; 27(3-4):294-300 ; (4) FEBS Lett 1997 Nov 24; 418(1-2):87-90 ; (5) J Invest Dermatol, 1996 Mar 106(3):583-6 ; (6) Mutat Res 1989 Jun 21; 2(2): 213-21

What type of mineral is used in Reflect?

Zinc oxide is the mineral used in Reflect. It has over a 300 year history of safety with no known adverse reactions (which is why it is often used to treat babies). It protects against UVB and UVA spectrum and is the closest thing to a total sunblock on the market today. No other sunscreen ingredient provides broader protection.<sup>(1)</sup>

(1) Excerpt from : Dr. Pinnell, The J. Lamar Callaway Professor of Dermatology at Duke University, Medical Center, Durham, NC, is a consultant for sunSmart, Wainscott, NY, and SkinCeuticals, Dallas, TX. Dr. Madey is the medical/scientific liaison for SkinCeuticals, Dallas TX.

How to-use Reflect

Apply Reflect generously to skin surfaces exposed to sunlight 20 minutes before exposure. Re-apply every 2 hours.



Darling Salt Glow 400g/14.1oz   

Enjoy the Miessence Christmas favourite, Darling Salt Glow, all year ‘round.

*This popular product is now part of our permanent product line up.*

Darling Salt Glow is formulated using salt sourced from Australia’s troubled Murray-Darling Basin and features the delicious scent of crisp lime and sweet orange, underpinned by the spicy aroma of clove and cinnamon.

Use it regularly to exfoliate dead, dry skin cells to reveal plump fresh skin, boost circulation and stimulate the senses, all the while know that you are actively helping the environment!

Darling Salt Glow helps address one of the most significant environmental challenges in Australia by removing the pure inland salt to reduce the salinity of Australia’s vital Murray-Darling River system.

The pure inland salt is extracted from the underground aquifers which help feed the river.

The river system in turn helps water some of Australia’s most fertile agricultural areas across three states - New South Wales, Victoria and South Australia.

After washing and rinsing your body, scoop out a tablespoon of Darling Salt Glow and massage into your skin using a circular motion. Start with the extremities to boost circulation and pay extra attention to rough, dry areas. Rinse off. Follow with a light application of moisturiser. Avoid cuts or open wounds as salt will sting.



*To maintain optimal health and vitality, we detox our insides, but what about giving our biggest organ (our skin!) a detox too?*

1. Exfoliate with Miessence organic cold pressed soaps in Geranium and Tea Tree to encourage blood flow which helps eliminates toxins from the body.
2. Invigorate and cleanse your body from head to toe with Sunflower Bodywash. Be nourished by the natural moisturiser in the organic sunflower seed oil and feel revitalised with the fresh aromas of cold-pressed lemon, lime and orange peel oils.
3. Feel fresh all day with Luxurious Body Powder; a gentle and natural alternative to talc.
4. Eliminate fluoride, aluminium, detergents and artificial sweeteners from your toothpaste and enjoy the difference of our toothpastes – using the effective cleanser of bicarb soda, and the delicious taste of 100% certified organic essential oils including spearmint and peppermint, lemon and lemon myrtle, and star anise.
5. Stay fresh all day with one of our naturally effective deodorants that doesn't contain aluminium compounds or anything else nasty.
6. Nourish and protect your skin with Intensive Body Cream, a concentrated blend of organic avocado and sunflower oils, phospholipids, vitamins and antioxidants.

*Miessence bodycare products have been lovingly formulated to harness the purity and potency of high vitality certified organic ingredients.*

*Begin your day refreshed with these every day basics from Miessence.*

Begin your day refreshed with these every day basics, knowing that they contain only the goodness that Mother Nature provides and none of the artificial chemical nasties that everyone wants to avoid.

The Body & Hair Essentials Pack contains:

- **Desert Flower Shampoo**
- **Shine Herbal Hair Conditioner**
- **Mint Toothpaste**
- **Sunflower Body Wash**
- **Tahitian Breeze**
- **Intensive Body Cream**

Everyone in your family needs their very own Miessence Body Basics - and be sure to grab an extra one in the gym or overnight bag, it's great value.

Order the Body & Hair Essentials Pack today and save.

To find out more, ask your Miessence Independent Representative today.



## Biodegradable Dishwashing Concentrate

250ml/8.5fl.oz **GF** **V**

A concentrated formula based exclusively on renewable raw materials and green chemistry principles. The sugar-based surfactants in MiEnviron® Biodegradable Dishwashing Concentrate are classified as non-irritants and exhibit excellent cleaning performance, low ecological footprint and low eco-toxicity. Readily biodegradable (OECD Test Guideline 301C). Suitable for septic tanks.



## Biopure Probiotic Household Cleaning Concentrate

125ml/4.2fl.oz **GF** **V**

BioPure is a highly concentrated, all natural household and industrial cleaner containing powerful probiotic bacteria, antioxidants and enzymes that break down grease, grime and dirt and neutralise odours. BioPure means cleaning without chemicals and its living benefits continue to work even after the initial application.



## Buzz Free Zone Personal Spray

125ml/4.2fl.oz **GF** **V**

Make your outdoor experience more pleasant with Mother Nature's help. We use a potent combination of pure essential oils and certified organic herbal extracts, with absolutely no chemical nasties!



## Rainforest Air Freshener

125ml/4.2fl.oz **GF** **V**

Create a lush rainforest environment in your own home with the crisp and invigorating aromas of blue cypress, lemon myrtle and Blue Mallee eucalyptus. Environmentally friendly, non-aerosol pump spray.



### Miessence Home Products

A gentle but very effective range of organic, non-toxic household formulations designed to enhance your household environment. Rid yourself of pests, grime and bad smells in the freshest, most environmentally friendly way.

### The Miessence Cosmetics Story

After creating Miessence®, the world's first certified organic skin and body care range in 2001, our progression into organic cosmetics occurred naturally!

As our customers learnt more about the undesirable ingredients in skin and body care products, they insisted that we help them replace toxic colour cosmetics with a pure alternative.

It seems that it was not only our customers who thought this was a good idea... early in 2002, we were awarded an Australian Federal Government grant to develop our mineral cosmetic range.

We are proud to offer you cosmetics with certified organic ingredients and mineral pigments that nurture your skin, whilst providing naturally harmonious colours and a lasting performance.



## Jaffa Lip Balm

3.5g/0.12oz **GF** **V**

For soft, kissable lips use this delicious balm day and night. Nutritious shea butter, avocado and sunflower oils soften and smooth rough, chapped lips, while organic orange and vanilla taste delicious.

## Translucent Foundation

50ml/1.7fl.oz & 3ml/0.1 fl.oz (Sample Sachet) **GF** **V**

Evens out the complexion. Imparts a soft, matte finish with translucent coverage. Protects against pollution, UV rays and free radicals with zinc oxide. Looks natural in any light. Keeps skin hydrated and protected throughout the day. Contains the added benefits of organic, nourishing seed and fruit oils.



Porcelain

Vanilla

Honey



## Translucent Powder

10g/0.35oz **GF** **V**

A fine translucent powder with a touch of colour to set your make-up and give you a silky, iridescent finish. After applying foundation and colour cosmetics, dust lightly with a brush. Delicately scented with pure organic rose essential oil.

## Bronzing Dust

10g/0.35oz **GF** **V**

A bronzing powder that can be worn alone or over foundation to give the face a sun-kissed radiance with a touch of shimmer.

Delicately scented with pure organic rose essential oil.



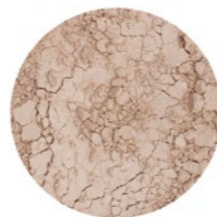
## Mineral Foundation Powder

6g/0.21oz   

Using only pure, refined minerals, Miessence® loose Mineral Foundation Powders provide silky, lightweight, breathable coverage whilst offering natural sun protection. Sericite mica reflects light, reducing the appearance of pores and wrinkles and provides a matte coverage. Delicately scented with pure organic rose essential oil.



Fair



Medium



Ginger Blossom



Desert Rose

### Narelle's Foundation Tips:

**Light Coverage:** Use a brush to apply over moisturised skin.

**Heavier Coverage:** Use a sponge to apply over moisturised skin.

**To Set Makeup:** Spray a couple of pumps of Rose Monsoon Hydrating Mist.

### Narelle's Blush Powder Tips:

**For a natural look:** Apply sparingly with a blush brush

**For more colour:** Apply with a sponge.

## Mineral Blush Powder

6g/0.21oz   

Using only pure, refined minerals, Miessence® Mineral Blush Powders provide buildable colour and are delicately scented with pure organic rose essential oil. Translucent mica reflects light, reducing the appearance of pores, whilst allowing your natural skin tone to show through.

## Mascara - Pure Black

7g/0.24 oz   

Your favourite mascara is back, and it's awesome! No smudging, no flaking, no clumping. Just lovely, luscious, healthy-looking eyelashes.

One coat gives a naturally beautiful look, but if you have a penchant for the dramatic, apply a couple of layers allowing time to dry between applications for striking, thick lashes.

Lash friendly ingredients like nourishing aloe vera leaf juice, thickening and strengthening carnauba wax, shine-enhancing castor bean oil, and mineral earth pigments deliver long-lasting, intense colour.



## Concealer

5g/0.18oz  

For correcting any skin flaw including dark eye circles, blemishes and age spots, whilst providing UV-protective properties. Following application of Translucent Foundation, dot concealer on carefully and blend with your fingertips slightly past the edges of the problem. Be careful not to rub in the concealer, or you will lose coverage.



Fair



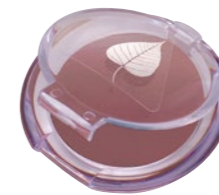
Medium

## Shimmer Crème

5g/0.18oz  

### Cheeks & Lips

A hint of colour with a subtle shimmer for anywhere you'd like a natural blush of colour. Comes in a convenient clasp compact for fingertip application.

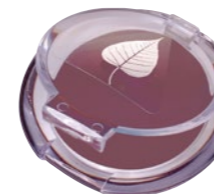


Berry

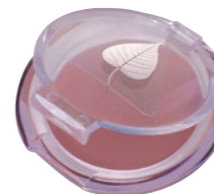
## Lip Crème

5g/0.18oz  

A creamy matte formula with intense natural colour blends of pure mineral pigments (iron oxides). Comes in a convenient clasp compact for fingertip or brush application. Infused with the delicate aroma of vanilla.



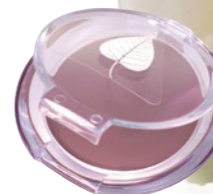
Plum



Grape



Melon



Nutmeg



### Miessence Lifestyle Membership

Save every time you shop with Miessence, Miessence Lifestyle Members can receive discounts up to 40% off the Recommended Retail Price!

The great news is you become a Miessence Lifestyle Member from your very first purchase - it's FREE!

- Receive access to special offers
- Your invitation to spend Fridays with Narelle – weekly health, beauty and wellness webinars
- Opportunity to join MiRewards and earn points to redeem FREE Miessence products
- FREE subscription to monthly Miessence Lifestyle eMagazine
- MiReward members are also eligible for FREE shipping (conditions apply)



### Are you looking for a home-based business that can fit into your busy lifestyle?

Miessence Independent Representatives can receive their products for FREE as well as enjoy outstanding discounts up to 40% as well as qualifying for free shipping.

Imagine what extra income will mean for your family while you benefit from using the world's best certified organic products for your health, your home and your body.

### Be part of an ethical business dedicated to producing certified organic products that are good for you and good for the environment.

Join today as a Miessence Independent Representative to receive excellent training and support through a community of other individuals who are dedicated to making a positive difference in the world.

**If you'd like to know more about this opportunity, then talk to your Miessence Independent Representative today.**



Skin Care

Balancing Cleanser

Organic aloe barbadensis (aloe vera) leaf juice, organic helianthus annuus (sunflower) seed oil, yucca schidigera extract, leuconostoc/radish root ferment filtrate, sclerotium rolfisii gum, organic citricus dulcis (sweet orange) essential oil, sambus nigra (elderberry) fruit extract, organic cananga odorata (ylang ylang) essential oil, organic calendula officinalis (marigold) flower extract, organic matricaria recutita (chamomile) flower extract, organic althea officinalis (marshmallow) root extract, organic olea europaea (olive) leaf extract, organic hypericum perforatum (St John's wort) flower extract, Limonene, linalool, benzyl, benzoate, farnesol and benzyl salicylate are naturally occurring components of the organic essential oils in this product.

Rejuvenating Cleanser

Organic aloe barbadensis (aloe vera) leaf juice, organic helianthus annuus (sunflower) seed oil, sclerotium rolfisii gum, yucca schidigera extract, leuconostoc/radish root ferment filtrate, sambus nigra (elderberry) fruit extract, organic pelargonium graveolens (geranium) essential oil, organic pogostemon cablin (patchouli) essential oil, organic matricaria recutita (chamomile) flower extract, organic centella asiatica (gotu kola) extract, organic humulus lupulus (hops) extract, organic equisetum arvense (horsetail) extract, organic urtica dioica (nettle) extract, geraniol and citronellol are naturally occurring components of the organic essential oils in this product.

Purifying Cleanser

Organic aloe barbadensis (aloe vera) leaf juice, organic helianthus annuus (sunflower) seed oil, yucca schidigera extract, sclerotium rolfisii gum, leuconostoc/radish root ferment filtrate, sambus nigra (elderberry) fruit extract, organic citricus limonum (lemon) essential oil, organic mentha piperita (peppermint) essential oil, organic arctium lappa (burdock) extract, organic echinacea purpurea flower extract, organic urtica dioica (nettle) extract, organic plantago major (plantain) extract, organic hamamelis virginiana (witch hazel) leaf extract, limonene is a naturally occurring component of the organic essential oils in this product.

Soothing Cleanser

Organic aloe barbadensis (aloe vera) leaf juice, organic helianthus annuus (sunflower) seed oil, yucca schidigera extract, sclerotium rolfisii gum, leuconostoc/radish root ferment filtrate,

sambus nigra (elderberry) fruit extract, organic citricus bergamia (bergamot) essential oil, organic citricus dulcis (sweet orange) essential oil, organic matricaria recutita (chamomile) flower extract, organic aesculus hippocastanum (horsechestnut) seed extract, organic hypericum perforatum (St John's wort) extract, organic hamamelis virginiana (witch hazel) extract. Linalool and citral are naturally occurring components of the organic essential oils in this product.

Shaving Gel

Organic aloe barbadensis (aloe vera) leaf juice, organic fermented grain extract, organic helianthus annuus (sunflower) seed oil, organic glycerin, yucca schidigera extract, bentonite clay, organic guar gum, non-gmo xanthan gum, organic citricus aurantifolia (lime) essential oil, organic santalum album (sandalwood) essential oil, organic aesculus hippocastanum (horsechestnut) seed extract, organic hypericum perforatum (St. John's wort) extract, organic matricaria recutita (chamomile) flower extract, organic hamamelis virginiana (witch hazel) extract, organic pogostemon cablin (patchouli) essential oil. Limonene is a naturally occurring component of the organic essential oils in this product.

Garnet Exfoliant

Organic aloe barbadensis (aloe vera) leaf juice, alluvial almandite garnet, sclerotium rolfisii gum, leuconostoc/radish root ferment filtrate, organic citricus limonum (lemon) essential oil, sambus nigra (elderberry) fruit extract, organic citricus bergamia (bergamot) essential oil, organic citricus dulcis (sweet orange) essential oil. Limonene and linalool are naturally occurring components of the organic essential oils in this product.

Rejuvenating Mineral Mask

Kaolinite (sun-dried white) clay, organic matricaria recutita (chamomile) flower extract, organic centella asiatica (gotu kola) extract, organic humulus lupulus (hops) extract, organic equisetum arvense (horsetail) extract, organic urtica dioica (nettle) extract, organic plantago major (plantain) extract, organic hamamelis virginiana (witch hazel) leaf extract, limonene is a naturally occurring component of the organic essential oils in this product.

Purifying Mineral Mask

Montmorillonite (sun-dried green) clay, organic arctium lappa (burdock) extract, organic echinacea purpurea flower extract,

organic urtica dioica (nettle) extract, organic plantago major (plantain) extract, organic hamamelis virginiana (witch hazel) extract, organic lavandula angustifolia (lavender) essential oil, organic backhousia citriadora (lemon myrtle) essential oil, organic melaleuca alternifolia (tea tree) essential oil. Linalool, geraniol and citral are naturally occurring components of the organic essential oils in this product.

Balancing Skin Conditioner

Organic aloe barbadensis (aloe vera) leaf juice, leuconostoc/radish root ferment filtrate, sambus nigra (elderberry) fruit extract, organic matricaria recutita (chamomile) extract, organic althea officinalis (marshmallow) extract, organic olea europaea (olive) extract, organic hypericum perforatum (St John's wort) extract, organic calendula officinalis (marigold) extract, sclerotium rolfisii gum, organic lavandula angustifolia (lavender) essential oil. Linalool is a naturally occurring component of the organic essential oils in this product.

Rejuvenating Skin Conditioner

Organic aloe barbadensis (aloe vera) leaf juice, leuconostoc/radish root ferment filtrate, sambus nigra (elderberry) fruit extract, organic matricaria recutita (chamomile) extract, organic equisetum arvense (horsetail ) extract, organic urtica dioica (nettle) extract, organic humulus lupulus (hops) extract, organic centella asiatica (gotu kola) extract, sclerotium rolfisii gum, organic rosa damascena (rose) essential oil, organic chamaemelum nobile (Roman chamomile) essential oil. Geraniol and citronellol are naturally occurring components of the organic essential oils in this product.

Purifying Skin Conditioner

Organic aloe barbadensis (aloe vera) leaf juice, leuconostoc/radish root ferment filtrate, sambus nigra (elderberry) fruit extract, organic arctium lappa (burdock) extract, organic plantago major (plantain) extract, organic hamamelis virginiana (witch hazel) extract, organic echinacea purpurea extract, organic urtica dioica (nettle) extract, sclerotium rolfisii gum, santalum album (sandalwood) essential oil, organic lavandula angustifolia (lavender) essential oil, organic simmondsia chinensis (jojoba) seed oil, organic melaleuca alternifolia (tea tree) essential oil, organic backhousia citriadora (lemon myrtle) essential oil, organic melaleuca alternifolia (tea tree) essential oil, organic calendula officinalis (marigold) flower Coz extract. Linalool, limonene and citral are naturally occurring components of the organic essential oils in this product.

Soothing Skin Conditioner

organic aloe barbadensis (aloe vera) leaf juice, leuconostoc/radish root ferment filtrate, sambus nigra (elderberry) fruit extract, organic matricaria recutita (chamomile) extract, organic hamamelis virginiana (witch hazel) extract, organic aesculus hippocastanum (horsechestnut) extract, organic hypericum perforatum (St John's wort) extract, sclerotium rolfisii gum, organic chamaemelum nobile (Roman chamomile) essential oil, daucus carota (carrot) CO2 extract, organic matricaria recutita (German chamomile) CO2 extract, organic simmondsia chinensis (jojoba) seed oil, organic citricus aurantium ssp amara (neroli) essential oil, organic calendula officinalis flower (marigold) Coz extract. Limonene and linalool are naturally occurring components of the organic essential oils in this product.

Probiotic Skin Brightener

Organic lactic acid from naturally fermented organic wheat grain, organic agave syrup, organic adzuki beans, organic soya beans, lactobacillus culture, organic vanilla planifolia (vanilla) extract.

After Shave Balm

organic aloe barbadensis (aloe vera) leaf juice, leuconostoc/radish root ferment filtrate, sambus nigra (elderberry) fruit extract, organic hamamelis virginiana (witch hazel) extract, organic matricaria recutita (chamomile) extract, organic hypericum perforatum (St John's wort) extract, organic althea officinalis (marshmallow) extract, organic aesculus hippocastanum (horsechestnut) extract, sclerotium rolfisii gum, organic santalum album (sandalwood) essential oil, organic lavandula angustifolia (lavender) essential oil, organic pogostemon cablin (patchouli) essential oil, organic citricus aurantium ssp amara (neroli) essential oil. Linalool, limonene and geraniol are naturally occurring components of the organic essential oils in this product.

Soothing Couperose Gel

organic aloe barbadensis (aloe vera) leaf juice, organic hypericum perforatum (St John's wort) extract, organic aesculus hippocastanum (horsechestnut) extract, organic matricaria recutita (chamomile) extract, organic hamamelis virginiana (witch hazel) extract, leuconostoc/radish root ferment filtrate, sclerotium rolfisii gum, sambus nigra (elderberry) fruit extract, organic lavandula angustifolia (lavender) essential oil, organic chamaemelum nobile (Roman chamomile) essential oil. Linalool is a naturally occurring component of the organic essential oils in this product.

Purifying Blemish Gel

Organic aloe barbadensis (aloe vera) leaf juice, organic salvia officinalis (sage) extract, organic rosmarinus officinalis (rosemary) CO2 extract, organic plantago major (plantain) extract, organic melaleuca alternifolia (tea tree) essential oil, organic hamamelis virginiana (witch hazel) extract, organic thymus vulgaris (thyme) extract, organic humulus lupulus (hops) extract, organic echinacea purpurea flower extract, organic althea officinalis (marshmallow) extract, organic arctium lappa (burdock) extract, organic equisetum arvense (horsetail) extract, leuconostoc/radish root ferment filtrate, sclerotium rolfisii gum, organic lavandula angustifolia (lavender) essential oil, sambus nigra (elderberry) fruit extract, organic backhousia citriadora (lemon myrtle) essential oil, citral. Linalool and limonene are naturally occurring components of the organic essential oils in this product.

Balancing Moisturiser

Organic aloe barbadensis (aloe vera) leaf juice, organic simmondsia chinensis (jojoba) seed oil, organic helianthus annuus (sunflower) seed oil, organic rosa rubiginosa (rosehip) seed oil, organic butyrospermum parkii (shea) fruit butter, organic ethanol (sugar-cane), non-gmo lecithin, leuconostoc/radish root ferment filtrate, organic lavandula angustifolia (lavender) essential oil, sclerotium rolfisii gum, sambus nigra (elderberry) fruit extract, organic rosmarinus officinalis (rosemary) leaf CO2 extract, organic olea europaea (olive) juice extract, non gmo xanthan gum, organic matricaria recutita (chamomile) flower extract, organic calendula officinalis flower (marigold) extract, organic althea officinalis (marshmallow ) extract, organic olea europaea (olive) leaf extract, organic hypericum perforatum (St John's wort) extract. Linalool is a naturally occurring component of the organic essential oils in this product.

Rejuvenating Moisturiser

Organic aloe barbadensis (aloe vera) leaf juice, organic simmondsia chinensis (jojoba) seed oil, organic persea gratissima (avocado) fruit oil, organic rosa rubiginosa (rosehip) seed oil, organic butyrospermum parkii (shea) fruit butter, organic ethanol (sugar-cane), non-gmo lecithin, leuconostoc/radish root ferment filtrate, sclerotium rolfisii gum, sambus nigra (elderberry) fruit extract, organic anthemis nobilis (chamomile roman) essential oil, organic rosa damascena (rose) essential oil, organic rosmarinus officinalis (rosemary) leaf CO2 extract, organic olea europaea (olive) juice extract, non-gmo xanthan

gum, organic urtica dioica (nettle) extract, organic centella asiatica (gotu kola) extract, organic matricaria recutita (German chamomile) extract, organic equisetum arvense (horsetail) extract, organic humulus lupulus (hops) extract. Citronellol and geraniol are naturally occurring components of the organic essential oils in this product.

Purifying Moisturiser

Organic aloe barbadensis (aloe vera) leaf juice, organic simmondsia chinensis (jojoba) seed oil, organic butyrospermum parkii (shea) fruit butter, organic ethanol (sugar-cane), leuconostoc/radish root ferment filtrate, non-gmo lecithin, sclerotium rolfisii gum, sambus nigra (elderberry) fruit extract, olea europaea (olive) leaf extract, santalum album (sandalwood) essential oil, organic lavandula angustifolia (lavender) essential oil, organic rosmarinus officinalis (rosemary) leaf CO2 extract, organic melaleuca alternifolia (tea tree) essential oil, organic olea europaea (olive) juice extract, non-gmo xanthan gum, organic backhousia citriadora (lemon myrtle) essential oil, organic calendula officinalis (marigold) CO2 extract, organic arctium lappa (burdock) extract, organic plantago major (plantain) extract, organic hamamelis virginiana (witch hazel) extract, organic echinacea purpurea flower extract, organic urtica dioica (nettle) extract. Citral, linalool and limonene are naturally occurring components of the organic essential oils in this product.

Soothing Moisturiser

Organic aloe barbadensis (aloe vera) leaf juice, organic simmondsia chinensis (jojoba) seed oil, organic rosa rubiginosa (rosehip) seed oil, organic helianthus annuus (sunflower) seed oil, organic butyrospermum parkii (shea) fruit butter, organic ethanol (sugar-cane), non-gmo lecithin, leuconostoc/radish root ferment filtrate, sclerotium rolfisii gum, sambus nigra (elderberry) fruit extract, organic chamaemelum nobile (Roman chamomile) essential oil, organic rosmarinus officinalis (rosemary) leaf CO2 extract, organic matricaria recutita (German chamomile) flower oil, daucus carota (carrot) CO2 extract, organic olea europaea (olive) juice extract, non-gmo xanthan gum, organic citricus aurantium ssp amara (neroli) essential oil, organic hamamelis virginiana (witch hazel) extract, organic matricaria recutita (chamomile) extract, organic aesculus hippocastanum (horsechestnut) extract, organic hypericum perforatum (St John's wort) extract, organic calendula officinalis flower (marigold) Coz extract. Linalool, geraniol and limonene are naturally occurring components of the organic essential oils in this product.

Rejuvenessence Facial Serum

Organic simmondsia chinensis (jojoba) seed oil, organic rosa rubiginosa (rosehip) seed oil, organic perseia gratissima (avocado) fruit oil, organic helianthus annuus (sunflower) seed oil, organic citrus limonum (lemon) essential oil, organic pelargonium graveolens (geranium) essential oil, daucus carota (carrot) CO2 extract, organic rosa damascena (rose) essential oil, organic rosmarinus officinalis (rosemary) leaf extract, organic calendula officinalis (marigold) flower CO2 extract, Geraniol, citronellol, limonene and citral are naturally occurring components of the organic essential oils in this product.

Firming Eye and Neck Serum

organic aloe barbadensis (aloe vera) leaf juice, organic perseia gratissima (avocado) fruit oil, organic butyrospermum parkii (shea) fruit butter, organic rosa rubiginosa (rosehip) seed oil, organic helianthus annuus (sunflower) seed oil, organic ethanol (sugar-cane), non-gmo lecithin, leuconostoc/radish root ferment filtrate, sclerotium rolfisii gum, sambus nigra (elderberry) fruit extract, organic lavandula angustifolia (lavender) essential oil, organic chamaemelum nobile (Roman chamomile) essential oil, organic rosmarinus officinalis (rosemary) CO2 extract, organic simmondsia chinensis (jojoba) seed oil, organic olea europaea (olive) juice extract, non-gmo xanthan gum, organic equisetum arvense (horsetail) extract, organic humulus lupulus (hops) extract, organic olea europaea (olive) leaf extract, organic urtica dioica (nettle) extract. Linalool is a naturally occurring component of the organic essential oils in this product.

Ambrosia Essence

Organic calophyllum inophyllum (tamanu) nut oil, organic rosa rubiginosa (rosehip) seed oil, organic pogostemon cablin (patchouli leaf) essential oil, organic citrus aurantium ssp amara (neroli flower) essential oil, organic helichrysum italicum (immortelle) flower oil, organic simmondsia chinensis (jojoba) seed oil, daucus carota (carrot) CO2 seed extract, organic rosmarinus officinalis (rosemary) CO2 leaf extract, organic calendula officinalis (marigold) CO2 flower extract. Linalool, geraniol and limonene are naturally occurring components of the organic essential oils in this product.

Rose Monsoon Hydrating Mist

Organic rosa damascena (rose) hydrosol, organic aloe barbadensis (aloe vera) leaf juice, leuconostoc/radish root ferment filtrate, sambus nigra (elderberry) fruit extract, organic rosa damascena (rose) essential oil, sclerotium rolfisii gum,

Citronellol and geraniol are naturally occurring components of the organic essential oils in this product.

Hair

Desert Flower Shampoo

organic aloe barbadensis (aloe vera) leaf juice, coco glucoside , yucca schidigera extract, leuconostoc/radish root ferment filtrate, sambus nigra (elderberry) fruit extract, d-panthenol (pro-vitamin B5), non-gmo xanthan gum, organic helianthus annus (sunflower) seed oil, organic citrus aurantifolia (lime) essential oil, citric acid, organic perseia gratissima (avocado) fruit oil, organic equisetum arvense (horsetail) extract, organic urtica dioica (nettle) extract, organic arctium lappa (burdock) extract, organicrosmarinus officinalis (rosemary) extract, organicsalvia officinalis (sage) extract. Limonene is a naturally occurring component of the essential oils used in this product.

Lemon Myrtle Shampoo

Organic aloe barbadensis (aloe vera) leaf juice, coco glucoside, leuconostoc/radish root ferment filtrate, sambus nigra (elderberry) fruit extract, d-panthenol (pro-vitamin B5), non-gmo xanthan gum, organic backhousia citriadora (lemon myrtle) essential oil, citric acid, organic equisetum arvense (horsetail) extract, organic urtica dioica (nettle) extract, organic arctium lappa (burdock) extract, organic rosmarinus officinalis (rosemary) extract, organic salvia officinalis (sage) extract, Geraniol is a naturally occurring component of the organic essential oils in this product.

Clarifying Hair Rinse

Organic aloe barbadensis (aloe vera) leaf juice, organic apple cider vinegar, leuconostoc/radish root ferment filtrate, sambus nigra (elderberry) fruit extract, organic citrus limonum (lemon) essential oil, sclerotium rolfisii gum, organic urtica dioica (nettle) extract, organic equisetum arvense (horsetail) extract, organic rosmarinus officinalis (rosemary) extract, organic arctium lappa (burdock) extract, organic salvia officinalis (sage) extract. Limonene is a naturally occurring component of the organic essential oils in this product.

Shine Herbal Hair Conditioner

Organic aloe barbadensis (aloe vera) leaf juice, sorbitan olivate and cetearyl olivate, organic apple cider vinegar, moringa oleifera seed oil, d-panthenol (pro-vitamin B5), aroma

(proprietary blend of essential oils), non-gmo lecithin, organic urtica dioica (nettle) extract, organic equisetum arvense (horsetail) extract, organic rosmarinus officinalis (rosemary) extract, organic arctium lappa (burdock) extract, organic salvia officinalis (sage) extract, organic pelargonium graveolens (geranium) essential oil, organic pogostemon cablin (patchouli) essential oil. Geraniol is a naturally occurring components of the organic essential oils in this product.

Protect Hair Repair

organic aloe barbadensis (aloe vera) leaf juice, organic fermented grain extract, leuconostoc/radish root ferment filtrate, sambus nigra (elderberry) fruit extract, organic rosa rubiginosa (rosehip) seed oil, sclerotium rolfisii gum, organic equisetum arvense (horsetail) extract, organic urtica dioica (nettle) extract, organic arctium lappa (burdock) extract, organic rosmarinus officinalis (rosemary) extract, organic salvia officinalis (sage) extract, organic citrus dulcis (sweet orange) essential oil, organic pelargonium graveolens (geranium) essential oil, daucus carota (carrot) CO2 extract, organic santalum spicata (sandalwood) essential oil. Limonene, geraniol, citronellol and linalool are naturally occurring components of the organic essential oils in this product.

Shape Hair Styling Gel

Organic aloe barbadensis (aloe vera) leaf juice, organic ethanol (sugar-cane), organic fermented grain extract, organic rosa rubiginosa (rosehip) seed oil, chondrus crispus (carageenan) gum, non-gmo xanthan gum, organic pelargonium graveolens (geranium) essential oil, Geraniol and citronellol are naturally occurring components of the organic essential oils in this product.

Oral

Mint Toothpaste

Organic aloe barbadensis (aloe vera) leaf juice, sodium bicarbonate, non-gmo xanthan gum, sea salt, organic mentha spicata (spearmint) essential oil, organic mentha piperita (peppermint) essential oil, stevia rebaudiana extract, organic syzygium aromaticum (clove) bud essential oil. Eugenol and benzyl benzoate are naturally occurring components of the organic essential oils in this product. 56% Organic Product. 100% Natural Product.

Lemon Toothpaste

organic aloe barbadensis (aloe vera) leaf juice, sodium bicarbonate, organic citrus limonum (lemon) essential oil, bentonite clay, non-gmo xanthan gum, sea salt, stevia rebaudiana extract, organic backhousia citriadora (lemon myrtle) essential oil. Limonene and geraniol are naturally occurring components of the organic essential oils in this product. 56% Organic Product. 100% Natural Product.

Anise Toothpaste

Organic aloe barbadensis (aloe vera) leaf juice, sodium bicarbonate, non-gmo xanthan gum, illicium verum hook (star anise) essential oil, sea salt, organic foeniculum vulgare (fennel) essential oil, stevia rebaudiana extract. 53% Organic Product. 100% Natural Product.

Freshening Mouthwash

Organic aloe barbadensis (aloe vera) leaf juice, sodium bicarbonate (bicarb soda), leuconostoc/radish root ferment filtrate, sea salt, sambus nigra (elderberry) fruit extract, organic mentha spicata (spearmint) essential oil, organic mentha piperita (peppermint) essential oil, sclerotium rolfisii gum, organic syzygium aromatica (clove) bud essential oil, organic cinnamomum zeylanicum (cinnamon) leaf essential oil, stevia rebaudiana extract, organic commiphora myrrha (myrrh) essential oil, organic salvia officinalis (sage) extract, organic thymus vulgaris (thyme) extract. Eugenol and benzyl benzoate are naturally occurring components of the organic essential oils in this product.

Breath Fresh Spray

organic aloe barbadensis (aloe vera) leaf juice, leuconostoc/radish root ferment filtrate, sea salt, sambus nigra (elderberry) fruit extract, organic mentha spicata (spearmint) essential oil, organic mentha piperita (peppermint) essential oil, sclerotium rolfisii gum, organic syzygium aromatica (clove) bud essential oil, organic cinnamomum zeylanicum (cinnamon) leaf essential oil, stevia rebaudiana extract, organic commiphora myrrha (myrrh) essential oil, organic salvia officinalis (sage) extract, organic thymus vulgaris (thyme) extract, Eugenol and benzyl benzoate are naturally occurring components of the organic essential oils in this product.

Body

Sunflower Body Wash

organic aloe barbadensis (aloe vera) leaf juice, coco glucoside, organic helianthus annuus (sunflower) seed oil, non-gmo

xanthan gum, leuconostoc/radish root ferment filtrate, sambucus nigra (elderberry) fruit extract, organic citrus dulcis (sweet orange) essential oil, organic citrus limonum (lemon) essential oil, organic citrus aurantifolia (lime) essential oil, citric acid. Limonene is a naturally occurring component of the organic essential oils in this product. 76% Organic Product.

Darling Salt Glow

sodium chloride (inland salt produced by solar evaporation of brine), organic cocos nucifera (coconut) oil, organic citrus dulcis (sweet orange) essential oil, organic citrus aurantifolia (lime) essential oil, organic cinnamomum zeylanicum (cinnamon) leaf essential oil, organic syzygium aromatica (clove) bud essential oil, organic rosmarinus officinalis (rosemary) leaf CO2 extract, organic simmondsia chinensis (jojoba) seed oil, d-limonene# (#component of organic orange essential oil).

Geranium Cleansing Bar

Saponified organic cocos nucifera (coconut) oil, organic pelargonium graveolens (geranium) essential oil, Citronellol, geraniol and linalool are naturally occurring components of the organic essential oil in this product.

Tea Tree Cleansing Bar

Saponified organic cocos nucifera (coconut) oil, organic melaleuca alternifolia (tea tree) essential oil. D-limonene is a naturally occurring components of the organic essential oil in this product.

Hand Wash Concentrate

Organic aloe barbadensis (aloe vera) leaf juice, coco glucoside, organic backhousia citriadora (lemon myrtle) essential oil, Glyceril Caprylate, Xanthan Gum, Citric Acid.

Ancient Spice Deodorant

Organic aloe barbadensis (aloe vera) leaf juice, sodium bicarbonate, non-gmo xanthan gum, organic citrus bergamia (bergamot) essential oil, organic citrus aurantifolia (lime) essential oil, boswellia carteri (frankincense) essential oil, organic cinnamomum zeylanicum (cinnamon) leaf essential oil, organic syzygium aromatica (clove) bud essential oil, organic vanilla planifolia (vanilla) co2 extract. Limonene, linalool and eugenol are naturally occurring components of the organic essential oils in this product.

Tahitian Breeze Deodorant

Organic aloe barbadensis (aloe vera) leaf juice, sodium

bicarbonate, non-gmo xanthan gum, organic citrus bergamia (bergamot) essential oil, organic citrus aurantifolia (lime) essential oil, organic canaga odorata (ylang ylang) essential oil, organic pogostemon cablin (patchouli) essential oil, organic pelargonium graveolens (geranium) essential oil. Limonene, linalool and geraniol are naturally occurring components of the organic essential oils in this product.

Aroma Free Deodorant

Organic aloe barbadensis (aloe vera) leaf juice, magnesium hydroxide, non-gmo xanthan gum, organic vanilla planifolia CO2 extract.

Bushflower Body Spray

Organic aloe barbadensis (aloe vera) leaf juice, organic cymbopogon nardus (citronella) essential oil, organic melaleuca alternifolia (tea tree) essential oil, leptospermum liversidgei (olive tea tree) essential oil, leuconostoc/radish root ferment filtrate, organic leptospermum petersonii (lemon-scented tea tree) essential oil, azadirachta indica (neem) seed oil, sambus nigra (elderberry) fruit extract, sclerotium rolfisii gum, citral, geraniol, linalool, citronellol and d-limonene are naturally occurring components of the organic essential oils in this product.

Intensive Body Cream

Organic aloe barbadensis (aloe vera) leaf juice, organic helianthus annuus (sunflower) seed oil, organic perseia gratissima (avocado) fruit oil, organic butyrospermum parkii (shea) fruit butter, leuconostoc/radish root ferment filtrate, organic ethanol (sugar-cane), sclerotium rolfisii gum, non-gmo lecithin, sambus nigra (elderberry) fruit extract, organic pelargonium graveolens (geranium) essential oil, organic rosemarinus officianalis (rosemay) leaf CO2 extract, organic simmondsia chinensis (jojoba) seed oil, organic olea europaea (olive) juice extract, organic pogostemon cablin (patchouli) essential oil, non-gmo xanthan gum. Geraniol, citronellol and citral are naturally occurring components of the organic essential oils in this product.

Belly and Breast Balm

Organic aloe barbadensis (aloe vera) leaf juice, organic perseia gratissima (avocado) fruit oil, organic rosa rubiginosa (rosehip) seed oil, organic butyrospermum parkii (shea) fruit butter, organic calophyllum inophyllum (tamanu) nut oil, leuconostoc/radish root ferment filtrate, organic ethanol (sugar-cane),

# ingredient list

sclerotium rolfsii gum, non-gmo lecithin, organic citrus reticulata (mandarin) essential oil, organic simmondsia chinensis (jojoba) seed oil, organic boswellia carteri (frankincense) essential oil, organic pogostemon cablin (patchouli) essential oil, organic olea europaea (olive) juice extract, non-gmo xanthan gum, daucus carota (carrot) C02 seed extract, organic pelargonium graveolens (geranium) essential oil, organic rosmarinus officinalis (rosemary) C02 leaf extract, organic calendula officinalis (marigold) C02 flower extract. Geraniol, citronellol, and d-limonene are naturally occurring components of the organic essential oils in this product.

## Reflect Outdoor Balm

Organic olea europae (olive) fruit oil, zinc oxide, organic butyrospermum parkii (shea) fruit butter, organic unrefined cera alba (beeswax), mixed tocopherols (natural vitamin e), organic copernicia prunifera (carnauba) wax, natural coconut extract, proprietary blend of essential oils, organic simmondsia chinensis (jojoba) seed oil, organic rosmarinus officinalis (rosemary) C02 extract, daucus carota (carrot) C02 seed extract.

## Nourishing Hand Cream

Organic aloe barbadensis (aloe vera) leaf juice, organic butyrospermum parkii (shea) fruit butter, organic ethanol (sugar-cane), non-gmo lecithin, leuconostoc/radish root ferment filtrate, sclerotium rolfsii gum, sambus nigra (elderberry) fruit extract, organic pelargonium graveolens (geranium) essential oil, organic rosmarinus officinalis (rosemary) leaf C02 extract, organic simmondsia chinensis (jojoba) seed oil, organic olea europaea (olive) juice extract, organic rosa damascena (rose) essential oil. Geraniol and citronellol are naturally occurring components of the organic essential oils in this product.

## Luxurious Body Powder

Organic Manihot esculenta (tapioca starch), white kaolin (kaolinite) clay, organic lavandula angustifolia (lavender) essential oil, organic citrus aurantifolia (lime) essential oil, organic citrus bergamia (bergamot) essential oil, organic pelargonium graveolens (geranium) essential oil, organic pogostemon cablin (patchouli) essential oil, organic syzygium aromatica (clove) bud essential oil, organic vanilla planifolia C02 extract. Linalool, limonene, eugenol, geraniol and citronellol are naturally occurring components of the organic essential oils in this product. 90% Organic Product.

## Barrier Balm

Organic helianthus annuus (sunflower) seed oil, organic unrefined cera alba (beeswax), organic cocos nucifera (coconut) oil, organic butyrospermum parkii (shea) fruit butter, organic persea gratissima (avocado) fruit oil, avena sativa (oat) kernel flour, organic copernicia prunifera (carnauba) wax, organic simmondsia chinensis (jojoba) seed oil, organic calendula officinalis flower (marigold) extract, organic matricaria recutita (chamomile) flower extract, organic althea officinalis (marshmallow) root extract, organic calendula officinalis (marigold) flower C02 extract, daucus carota (carrot) C02 seed extract, organic rosmarinus officinalis (rosemary) leaf C02 extract.

## Cosmetics

### Porcelain Translucent Foundation

Organic aloe barbadensis (aloe vera) leaf juice, organic helianthus annuus (sunflower) seed oil, organic simmondsia chinensis (jojoba) seed oil, zinc oxide, organic butyrospermum parkii (shea) fruit butter, organic zea mays (corn starch), organic ethanol (sugar-cane), organic glycerin, non-gmo lecithin, propriety blend of essential oils, sclerotium rolfsii gum, iron oxides, organic lavandula angustifolia (lavender) essential oil, organic olea europaea (olive) leaf extract. Linalool is a naturally occurring component of the organic essential oils in this product. 85% Organic Product.

### Vanilla Translucent Foundation

Organic aloe barbadensis (aloe vera) leaf juice, organic helianthus annuus (sunflower) seed oil, organic simmondsia chinensis (jojoba) seed oil, zinc oxide, organic butyrospermum parkii (shea) fruit butter, organic zea mays (corn starch), organic ethanol (sugar-cane), organic glycerin, non-gmo lecithin, propriety blend of essential oils, sclerotium rolfsii gum, iron oxides, organic lavandula angustifolia (lavender) essential oil, organic olea europaea (olive) leaf extract. Linalool is a naturally occurring component of the organic essential oils in this product. 85% Organic Product.

### Honey Translucent Foundation

Organic aloe barbadensis (aloe vera) leaf juice, organic helianthus annuus (sunflower) seed oil, organic simmondsia chinensis (jojoba) seed oil, zinc oxide, organic butyrospermum parkii (shea) fruit butter, organic zea mays (corn starch),

organic ethanol (sugar-cane), organic glycerin, non-gmo lecithin, propriety blend of essential oils, iron oxides, sclerotium rolfsii gum, organic lavandula angustifolia (lavender) essential oil, organic olea europaea (olive) leaf extract. Linalool is a naturally occurring component of the organic essential oils in this product. 85% Organic Product.

### Fair Concealer

Organic simmondsia chinensis (jojoba) seed oil, zinc oxide, organic cera alba (unrefined beeswax), avena sativa (oat) kernel flour, iron oxides, organic rosmarinus officinalis (rosemary) leaf C02 extract. 70% Organic Product.

### Medium Concealer

Organic simmondsia chinensis (jojoba) seed oil, zinc oxide, organic cera alba (unrefined beeswax), avena sativa (oat) kernel flour, iron oxides, organic rosmarinus officinalis (rosemary) leaf C02 extract. 70% Organic Product.

### Transucent Powder

Organic zea mays (cornstarch), mica, iron oxides, organic rosa damascena (rose) essential oil. Geraniol and citronellol are naturally occurring components of the organic essential oils in this product. 75% organic product. 75% organic product.

### Bronzing Dust

Organic zea mays (cornstarch), mica, iron oxides, organic rosa damascena (rose) essential oil. Geraniol and citronellol are naturally occurring components of the organic essential oils in this product. 75% organic product.

### Mineral Foundation Powder Fair

Sericite mica, zinc oxide, iron oxides, organic rosa damascena (rose) essential oil Geraniol and citronellol are naturally occurring components of the organic essential oils in this product.

### Mineral Foundation Powder Medium

Sericite mica, zinc oxide, iron oxides, organic rosa damascena (rose) essential oil, Geraniol and citronellol are naturally occurring components of the organic essential oils in this product.

### Jaffa Lip Balm

Organic helianthus annuus (sunflower) seed oil, organic butyrospermum parkii (shea) fruit butter,organic cera alba (unrefined beeswax), organic persea gratissima (avocado) fruit oil, organic citrus dulcis (sweet orange) essential oil, organic vanilla planifolia ( vanilla) C02 extract, organic rosmarinus

# ingredient list

officinalis (rosemary) leaf C02 extract, d-limonene is a naturally occurring component of the organic essential oils in this product.

## Lip Creme Plum

Organic simmondsia chinensis (jojoba) seed oil, organic cera alba (unrefined beeswax), zinc oxides, iron oxides, organic rosmarinus officinalis (rosemary) leaf C02 extract, organic vanilla planifolia (vanilla) bean C02 extract. 80% Organic Product.

## Lip Creme Grape

Organic simmondsia chinensis (jojoba) seed oil, organic cera alba (unrefined beeswax), zinc oxide, iron oxides, organic vanilla planifolia (vanilla) bean C02 extract, organic rosmarinus officinalis (rosemary) leaf C02 extract. 80% Organic Product.

## Lip Creme Melon

Organic simmondsia chinensis (jojoba) seed oil, organic cera alba (unrefined beeswax), iron oxides, organic rosmarinus officinalis (rosemary) leaf C02 extract, organic vanilla planifolia (vanilla) bean C02 extract. 80% Organic Product.

## Lip Creme Cinnamon

Organic simmondsia chinensis (jojoba) seed oil, organic cera alba (unrefined beeswax), iron oxides, organic rosmarinus officinalis (rosemary) leaf C02 extract, organic vanilla planifolia (vanilla) bean C02 extract. 80% Organic Product.

## Lip Creme Nutmeg

Organic simmondsia chinensis (jojoba) seed oil, organic cera alba (unrefined beeswax), iron oxides, organic rosmarinus officinalis (rosemary) leaf C02 extract, organic vanilla planifolia (vanilla) bean C02 extract. 80% Organic Product.

## Shimmer Creme Berry

Organic simmondsia chinensis (jojoba) seed oil, mica, organic cera alba (unrefined beeswax), iron oxides, organic vanilla planifolia (vanilla) bean C02 extract, organic rosmarinus officinalis (rosemary) leaf C02 extract. 75% Organic Product.

## Mineral Blush Powder Desert Rose

Mica, sericite mica, iron oxides, organic rosa damascena (rose) essential oil, Geraniol and citronellol are naturally occurring components of the organic essential oils in this product.

## Mascara Pure Black

Organic aloe barbadensis (aloe vera) leaf juice, organic ricinus communis (castor) seed oil, black iron oxide, sorbitan olivate

and cetearyl olivate, organic copernicia cerifera (carnauba) wax, organic glycerin, sclerotium rolfsii gum, parfum (proprietary blend of essential oils). Geraniol and citronellol are naturally occurring components of the organic essential oils in this product.

## Health

### Fulvic Acid

Low Molecular Weight Humic Substances (30,000 ppm Fulvic Acids) - Organic Materials Review Institute

### InLiveN Probiotic Superfood

Organic spirulina, organic oats, organic brown rice, organic wheat, organic barley, organic linseed, organic mung beans, organic chick peas, organic adzuki beans, organic red lentils, organic wheat grass, organic barley grass, organic alfalfa grass, kidney beans, organic beetroot, organic sweet potato, organic string beans, organic zucchini, organic cabbage, organic silverbeet, organic spinach, organic chinese cabbage, organic asparagus, organic broccoli, bacillus coagulans, malt liquid, organic molasses. Naturally Occurring Lactobacillus Bacteria and Symbiotic Yeasts.

### BerryRadical Antioxidant Superfood

Organic raw unrefined cacao powder, dried coffee fruit extract, organic freeze-dried olive juice extract, organic freeze-dried pomegranate powder, organic maqui berry powder, organic freeze-dried acai berry powder, organic freeze-dried blueberry powder, organic freeze-dried raspberry powder, organic freeze-dried strawberry powder.

### DeepGreen Alkalisng Superfood

Organic aphanizomenon flos aquae powder, organic chlorella (chlorella vulgaris ) powder, organic spirulina (arthrospira platensis) powder, organic wheat grass (triticum aestivum) juice powder, organic barley grass (hordeum vulgare) juice powder, organic alfalfa grass (medicago sativa) juice powder, organic oat grass (avena sativa) juice powder, organic kamut grass (triticum turanicum) juice powder, organic nettle (urtica dioica) powder, organic collard (brassica oleracea acephala) powder, organic kale (brassica oleracea acephala) powder, organic parsley (petroselinum sativum) powder.

### FastTract Gluten Free Probiotic Liquid

Organic mung beans, organic brown rice, organic lentils, organic

chick peas, organic linseed, organic alfalfa seed, organic millet, organic quinoa; organic agave, filtered water added. Fermented with naturally occurring lactobacillus bacteria.

### Protein Powder (Original)

Organic bio-fermented pea protein, organic sprouted brown rice protein, organic sacha inchi protein, non-gmo xanthan gum, luo han fruit concentrate.

## Home

### Buzz Free Personal Spray

Organic aloe barbadensis (aloe vera) leaf juice, organic cymbopogon nardus (citronella) essential oil, organic melaleuca alternifolia (tea tree) essential oil, leptospermum liversidgei (olive tea tree) essential oil, leuconostoc/radish root ferment filtrate, organic leptospermum petersonii (lemon-scented tea tree) essential oil, azadirachta indica (neem) seed oil, sambus nigra (elderberry) fruit extract, sclerotium rolfsii gum, Citral, geraniol, linalool, citronellol and d-limonene are naturally occurring components of the organic essential oils in this product.

### Rainforest Air Freshner

Organic aloe barbadensis (aloe vera) leaf juice, leuconostoc/ radish root ferment filtrate, sambus nigra (elderberry) fruit extract, organic backhousia citriadora (lemon myrtle) essential oil, callitris intratropiea (blue cypress) essential oil, organic eucalyptus radiata essential oil, sclerotium rolfsii gum. Geraniol, citral, linalool and hydroxycitronellal are naturally occurring components of the organic essential oils in this product.

### BioPure Householding Cleaning Concentrate

Purified and structured water, organic sugar cane molasses, lactobacillus cultures, mineral powder, sea salt, organic rice bran, Vanilla Flavour.

### Dishwashing Concentrate

Purified water, capryl glucoside, coco glucoside, citric acid, non-gmo xanthan gum, organic mentha viridis (spearmint) leaf oil, citrus grandis (grapefruit) seed extract.

*Ingredients correct at time of publishing. In the interests of product development, product specifications are subject to change without notice.*



Miessence is committed to providing products that support the health and vitality of our customers and the planet. Our sustainable approach for sourcing raw materials respects, supports, and nurtures the ecology and energy of the planet, our customers, and the indigenous people who labour to grow our pure ingredients.

Miessence stands in a class all its own as the creator and manufacturer of the world's first certified organic skin care range, certified to food standards.

The Certified Organic seal on Miessence products is your guarantee of the authenticity and integrity of our claim that our products are 100% toxic synthetic free, containing only fresh, natural and certified organic ingredients.



All Miessence products carry a 30-Day guarantee.

If you are not totally satisfied with any Miessence product, simply contact your point of purchase.

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