

Adult Suggested Use: 1/4 tsp. in water 1-3 times daily. For best results alternate every 2 weeks with Yeast X Step 2. **See brochure for details. Not suggested for pregnant or nursing women.** **If you are pregnant, nursing, have a medical condition, or are taking a prescription, consult your health care provider before using this product.

SHAKE WELL BEFORE USE.
KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE OUT OF SUNLIGHT.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured and Distributed by:
Mountain Meadow Herbs, Inc.
P.O. Box 9227 Kalispell, MT 59904
P. (888) 528-8615 F. (209) 671-1921
www.mountainmeadowherbs.com



Yeast X Step 1

Yeast Balancing

2 fluid oz.

Herbal Dietary Supplement

Supplement Facts
Serving Size: 1/4 tsp
Servings per Container: 48

Per Serving	%DV
Proprietary Blend of Extracts	1.25 ml
Pau d'Arco bark	†
Cat's Claw bark	†
Marshmallow root	†
Chamomile flower	†
Licorice root	†
Ginger root	†
Black Cumin seed	†
Oregano leaf	†
† Daily Value (DV) not established	

Other Ingredients:
vegetable glycerine,
distilled water, and
approx. 5% organic
grain alcohol.



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Yeast X Step 2

Yeast Balancing

Supplement Facts
Serving Size: 1/4 tsp

Servings per Container: 48

Per Serving	%DV
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Proprietary Blend of Extracts	1.25 ml
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Barberry root bark	†
Ginger root	†
Cayenne fruit	†
Oregon Grape root	†
Propolis resin	†
Grape seed	†
Neem leaf	†

† Daily Value (DV) not established



2 fluid oz.
Herbal Dietary Supplement

Other Ingredients:
vegetable glycerine,
distilled water, and
approx. 5% organic
grain alcohol.



Adults and children 12 or more years of age : 1/4 teaspoon* in water 1-3 times daily. (*) 1/4 teaspoon = approximately 2 full droppers.

Shake well before use.

Store out of reach of young children. Store in a dry, cool place.

If you are pregnant, nursing, have a medical condition, or are taking a prescription, consult your health care provider before using this product.

Best before: see expiration date, marked with „exp“.

Dietary supplements/food supplements should not be used as a substitute for a varied diet. Do not exceed the stated recommended daily dose.



Supplement Facts

Serving Size: 1/4 teaspoon

Servings per Container: 96

1/4 teaspoon contains	% DV US/EU**
Responsibly wildcrafted Sarsaparilla root extract	1.25 ml †

† Daily Value not established, **% DV = % Daily Value

Nominal weight: 120 g

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Mountain Meadow Herbs Inc., PO Box 9227, Kalispell, MT 59904, USA

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Sarsaparilla

Smilax medica
Hand-Made Extract

Ingredients : vegetable glycerine, distilled water, approx. 5% organic grain alcohol, responsibly wildcrafted Sarsaparilla root.

Made in the USA.



4 fluid oz. / 120 ml

Dietary Supplement/Food Supplement

Distribution in Europe: Dr. Clark Zentrum Limited,
152 Naxxar Road #7, SGN 9030 San Gwann, Malta.

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